## HOW TO BECOME A CROSS COUNTRY AND TRACK OFFICIAL

Are you interested in being a high school and or middle school cross-country & track official?

**REQUIREMENTS:** 18 years old and have finished high school and have an interest in officiating track and field athletics. Prior experience in track - as an athlete or coach - is useful, but not necessary.

**MEETS:** Most meets (boys and girls) for Cross-Country are in September & October; for Indoor Track in December, January, and February; and for Outdoor Track in April and May. Most meets are held at or near local high schools in the afternoon after school, Monday through Friday; and some are held on Saturday's. The MIAA recommended fee can be found in the MIAA Handbook, Rule 91. - click here for complete Handbook.

Many schools pay a fee and 1/2 for double dual coed meets and tri-meets.

## PROCESS:

- **1 -** Contact person listed below from the area where you live or where you would officiate and receive an application:
- A Eastern MA Brian Moody, 40 Mediterranean Dr. Apt. 56, Weymouth, MA 02188 brianbm65@yahoo.com
- B Central MA Charlie Butterfield (508-886-6015 cbutter51@hotmail.com)
- C Western MA Lisa Helpa (413-247-6210 <a href="mailto:lhelpa@comcast.net">lhelpa@comcast.net</a>) must apply between 1/1 3/15
- 2 Fill out application (usually \$10 fee) and receive National Federation Track & Field and Cross Country Rule Book.
- 3 Submit application and take an open book exam that must be passed.
- **4 -** Pay annual dues (as set by local association) and attend at least 1 regular meeting and meet other requirements of your local association.

**HOW TO BE ASSIGNED:** Schools belong to Leagues who in many cases have their own assignor/commissioner. Your local association will have access to names and numbers (e-mail addresses) for you to contact.

If you have any additional questions please call me - Thanks, My Best, Dick B (MIAA Cross Country & Track Liaison)

## **Dick Baker**

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