

ALL-TIME INDOOR PERFORMANCES

55m Dash				
must be FAT to make list e = en route to 60m n = non-winning mark				
Perf.	Athlete	High School	Meet	Year
:06.87	Brooke-Lynn Williams	Norton HS	New England HS/RLC	2016
:06.94 n	Brianna Duncan	Cambridge R&L	New England HS/RLC	2016
:09.96	Monique Tubbs	Boston Latin HS	New England HS/RLC	1999
:07.01 n	Princess Fenton	Somerville HS	State Meet/RLC	1999
:07.04	Angie Barrows	O'Bryant-Roxbury	State Meet/RLC	1995
:07.04	Tasha Downing	Bost. Tech-Roxbury	Dartmouth Relays/NH	1987
:07.04	Jessica Scott	Hopkinton HS	State Meet/RLC	2014
:07.04 n	Kyla Hill	Springfield Cent. HS	New England HS/RLC	1987
:07.10	Jackie Smith	Randolph HS	Eastern HS/Harvard	2014
:07.10 n	Amanda Henson	Barnstable HS-Hyannis	New England HS/RLC	2014
:07.11 sf	Sierra Irvin	Hingham HS	D-3 State/RLC	2014
:07.12	Julienne Warner	Concord-Carlisle Reg HS	MIAA Meet of Champions, RLC	2023
:07.12n	Sara Clafin	Pembroke HS	MIAA Meet of Champions, RLC	2023
:07.12	Sarah Militano	Nashoba Reg. HS-Bolton	State Meet/RLC	1987
:07.13	Abby Desmarais	Framingham HS	Bay Stare Champs, RLC	2023
:07.13	Leslie Knight	Malden HS	Eastern HS/Harvard	2006
:07.14	Arantxa King '	Medford HS	D-1 State/RLC	2004
:07.14	Lauren Sablone	Austin Prep HS-Reading	New England HS/RLC	2020
:07.14 n	Melody Johnson	North Attleboro HS	Eastern HS/Harvard	1986
:07.15	Mia Dansby	Brockton HS	MSTCA BayState Inv/Wheaton	2021
:07.15 n	Amanda Riley	Notre Dame Acad-Hingham	State Meet/RLC	2014
:07.16 e	Maxiine Underwood	Brookline HS	NE AUU/Harvard	1981
:07.17	Jillian Strynar	Norton HS	MIAA D-5 Champs, RLC	2023
:07.17	Abigail Lothian	Wellesley HS	MIAA D-2 Champs, RLC	2023
:07.17	Uso Aduba	Medfield HS	D-3 State/RLC	1999
:07.17	Carla Forbes	Newton North HS	MSTCA Elite Meet/RLC	2012
:07.17 n	Briana Robitaille	Attleboro HS	New England HS/RLC	2012
:07.17 n	Victoria Steffen	Wachusett Reg-Holden	D-1 State/RLC	2018
:07.18	Danielle Bolt	Brookline HS	D-1 State/RLC	2003
:07.18	Abigail Gerdes	Natick HS	Bay State Meet # 1/RLC	2018
:07.19	Jordine Kimbrel	Boston Latin Academy	D-3 State/RLC	2002
:07.19	Molly O'Dea	Hingham HS	D-3 State/RLC	2010
:07.19	Eliana Tweedie	Westford Academy	Dual County Meet, BU	2023
:07.19	Rebecca Robinson	Arlington HS	D-1 State/RLC	2011
:07.19 n	Sydney Fisher	Cambridge R&L	D-1 State/RLC	2015
:07.19 ne	Kiyanni Simas	Milford HS	Nike Natls.Ocean Breeze, NYC	2022
:07.20	Mandella Graves-Fulgham	Amherst-Pelham Reg	D-1 State/RLC	2005
:07.20	Calene Lazare	Newton South HS	New England HS/RLC	2017
:07.20	Alyssa Madden	Oakmont Reg-Ashburnham	D-5 State/RLC	2018
:07. 21 ne	India Johnson	Lexington HS	NBIN EE/Armory, NYC	2017
:07.21	Kyanna Stallings	Newburyport HS	D-4 State/RLC	2000
:07.21 n	Sarah Meeks	Norwood HS	Yale Inv., N.Haven, CT	1993
:07.21 n	Chloe Alfieri	Bromfield School-Harvard	D-4 State/RLC	2018
:07.22n	Savana Vargas	Peabody Memorial HS	MIAA Meet of Champions, RLC	2023
:07.23	Monique Malcolm	Nauset Reg HS-Orleans	D-3 State/RLC	2020
:07.23 n	Emma Rice	Boston Latin HS	D-1 State/RLC	2011
:07.23 n	Skylar Snay	Amesbury HS	D-5 State/RLC	2018
:07.23 n	Madison Marsh	Shepherd Hill Reg	New England HS/RLC	2020
:07.23n	Jayani Santos	Tewkesbury Memorial HS	MIAA Meet of Champions, RLC	2023

ALL-TIME INDOOR PERFORMANCES

60m Dash				
Perf.	Athlete	High School	Meet	Year
:07.31	Monique Tubbs	Boston Latin HS	Nike Ind. Natls./RLC	1999
:07.40 n	Brooke-Lynn Williams	Norton HS	NBIN/Armory, NYC	2016
:07.55 n	Brianna Duncan	Cambridge R&L	NBIN/Armory, NYC	2015
:07.57 n	Sara Clafin	Pembroke HS	NBIN/The TRACK, Boston	2023
:07.62 n	Princess Fenton	Somerville	Natl. Sch. Track/RLC	1996
:07.63	Mia Dansby	Brockton HS	Chicago Indoor Meet/Chicago	2021
:07.67	Kayla Hill	Springfield Central HS	NBIN/Armory, NYC	2019
:07.67 n	Jessica Scott	Hopkinton HS	NBIN/Armory, NYC	2013
:07.68 n	Lauren Quarm	Methuen HS	NBIN/The TRACK, Boston	2023
:07.74 n	Kiyanni Simas	Milford HS	Nike Natls.Ocean Breeze, NYC	2022
:07.75 n	Arantxa King '	Medford HS	NBIN/Armory, NYC	2004
:07.75 n	Molly O'Dea	Hingham HS	Nike Ind. Natls./RLC	2010
:07.76 n	Amanda Henson	Barnstable HS	NBIN/Armory, NYC	2013
:07.76 n	India Johnson	Lexington HS	NBIN EE/Armory, NYC	2017
:07.76 n	Jillian Strynar	Norton HS	NBIN/The TRACK, Boston	2023
:07.77 n	Calene Lazare	Newton South HS	NBIN EE/Armory, NYC	2017
:07.77 n	Savana Vargas	Peabody Memorial HS	NBIN/The TRACK, Boston	2023
:07.79 n	Julienne Warner	Concord-Carlisle Reg	NBIN/The TRACK, Boston	2023
:07.79 n	Abby Lothiam	Wellesley HS	NBIN/The TRACK, Boston	2023
:07.81 n	Sarah Militano	Nashoba Reg-Bolton	NBIN/Armory, NYC	2014
:07.82 n	Elliana Tweedie	Westford Academy	Pre-Nats, NB TRACK, Boston	2023
:07.83 n	Amanda Reilly	Notre Dame-Hingham	NBIN EE/Armory, NYC	2014
:07.83 n	Juleen Lewis	O'Bryant HS-Roxbury	NE TAC/Harvard	2016
:07.85 n	Uzo Aduba	Medfield HS	Natl. Sch. Track/Arm.NYC	1997
:07.87 n	Samantha Stabile	Haverhill HS	Natl. Sch. Track/Arm.NYC	2008
:07.87 n	Wileshka Samuel	Methuen HS	NBIN EE/Armory, NYC	2016
:07.87 n	Rachelle Parker	Natick HS	NB Grand Prix/RLC	2018
:07.89 n	Kelly Madden	Oakmont Reg-Bolton	NBIN EE/Armory, NYC	2019
:07.90 n	Kira Simoncini	Whitinsville Christian HS	NBIN/The TRACK, Boston	2023
:07.91 n	Chloe Alfieri	Bromfield Sch-Harvard	NB Grand Prix/RLC	2018
:07.91 n	Abigail Scott	Mansfield HS	NBIN/The TRACK, Boston	2023
:07.94 n	Alexis Capozzi	North Reading HS	Natl. Sch. Track/Arm.NYC	2008
:07.94 n	Hannah Janeczak	Doherety HS-Worcester	Nike Ind. Natls./RLC	2009
:07.94 n	Alexis Daly	Milton HS	NBIN Frosh/Armory, NYC	2016
:07.96 n	Peyton Rollins	BB&N School	USTF-Wheaton # 1	2022
:07.97 n	Tatiana Jarostchuk	Nashoba Reg-Bolton	NBIN/Armory, NYC	2013
:07.98 n	Rachel Arthur	Lincoln-Sudbury Reg HS	adidas Ind Natls/Virg.Beach, VA	2021
:07.98 n	Brian Robitaille	Attleboro HS	NBIN/Armory, NYC	2012
:07.98 n	Danielle Mitchell	Natick HS	NBIN/Armory, NYC	2013
:07.99 n	Ijeoma Ezechukwa	Ayer HS	NBIN Rising Stars/Armory, NYC	2022
:07.99 n	Ava McIntyre	North Reading HS	NBIN/The TRACK, Boston	2023
:08.00 n	Brianna Tabiin	South Hadley HS	NBIN/Armory, NYC	2011
:08.02 n	Aliyah Alley	Wareham HS	NBIN/Armory, NYC	2013
:08.03 n	Sage Smith	Pentucket Reg-W.Newbury	NBIN/The TRACK, Boston	2023
:08.06 n	Jolene Murphy	Peabody Memorial HS	757 Showdown/Virg.Beach,VA	2021
:08.06 n	Melissa White	Acton-Boxboro Reg. HS	adidas Ind Natls/Virg.Beach, VA	2021

ALL-TIME INDOOR PERFORMANCES

55m HURDLES				
e = en route to 60m /must be FAT % 60y +.02				
Perf.	NB	High School	Meet	Year
:07.97	Vanessa Clearveaux	Brockton HS	New England HS/RLC	2012
:08.00	Nicole Genard	Somerville HS	MSTCA Elite Meet/RLC	2012
:08.02	Tiana Riel	Hopkinton HS	MSTCA Elite Meet/RLC	2004
:08.03 n	Jennifer Esposito	Mansfield HS	State/RLC	2012
:08.03 ne	Katherine Duran	Cent. Catholic HS-Lawrence	adidas Ind. Natls/Virg.Beach, VA	2021
:08.11	Kate Sherman	Dennis-Yarmouth Reg.	State/RLC	2004
:08.13 n	Kayla Wong	Newton North HS	State/RLC	2012
:08.16 ncy	Anne Jennings	Falmouth HS	Eastern HS Meet/Harvard	1981
:08.18	Deanna Latham	Triton Reg HS-Byfield	New England HS/RLC	2010
:08.18 n	Kate Sullivan	Randolph HS	New England HS/RLC	1997
:08.18 n	Emily Dawidczyk	Oxford HS	New England HS/RLC	2013
:08.20 e	Melissa Isidor	New Bedford HS	NBIN/Armory, NYC	2013
:08.21	Lauren Barber	New Bedford HS	State/RLC	2007
:08.21	Jodi Parrott	Andover HS	New England HS/RLC	2022
:08.21 n	Ally Saccone	Old Rochster Reg-Mattpst	State/RLC	2012
:08.24	Aquilla Judge	Scituate HS	D-3 State/RLC	2002
:08.24	Jada Johnson	Sharon HS	D-3 State/RLC	2020
:08.24 n	Meghan Ferreira	Mansfield HS	New England HS/RLC	2008
:08.26	Isabella DiMare	Notre Dame Acad-Hingham	New England HS/RLC	2015
:08.27	Jamie Chamberlain	Brookline HS	D-1 State/RLC	2020
:08.27 n	Ella Grey	Plymouth South HS	New England HS/RLC	2020
:08.28	Anoush Krafian	Belmont HS	State/RLC	2018
:08.28	Teri Wright	Cambridge R&L HS	State/Harvard	1992
:08.29	Naomi Stone	Falmouth HS	D-1 State/RLC	1992
:08.29 n	Priscilla Trojano	Coyle&Cassidy HS-Taunton	State/RLC	2007
:08.29 n	Ava Vasile	Medway HS	State/RLC	2018
:08.30	Obi Akubude	Concord-Carlisle Reg	Dual Country, NBTRACK	2023
:08.30	Ellen DiPietro	Marshfield HS	New England HS/RLC	2014
:08.31	Sara Hurley	Norwell HS	State/RLC	1996
:08.31 n	Kristina Constantine	Nauset Reg HS-Orleans	New England HS/RLC	2020
:08.32	Maddie Sessler	Plymouth South HS	Patriot Leag.Champs/RLC	2017
:08.33	Tammy Peebles	Weston HS	Eastern HS Meet/Harvard	1992
:08.33 n	Aly Comeau	Gardner HS	New England HS/RLC	2014
:08.33 n	Brooklyn Manna	Woburn HS	D-2 State/RLC	2020
:08.35 n	Tiffany Smith	Westfield HS	NSIC/Princeton, NJ	1985
:08.36 n	Cassandra Ryding	Westford Academy	State/RLC	2009
:08.36 n	Jayla Hitchings	Haverhill HS	New England HS/RLC	2019
:08.36 ne	Berkeley Hall	Pembroke HS	Nike Ind. Natls./RLC	2010
:08.37 n	Lauren Carroll	Brookline HS	New England HS/RLC	1999
:08.38	Stacey Williams	Falmouth HS	State/Harvard	1995
:08.39	Kiran George	Newton North HS	Bay State Leag. Champs, RLC	2023
:08.39	Adrianna Higgins	Milton HS	D-4 State/RLC	2014
:08.39 n	Carly McNary	Coyle&Cassidy HS-Taunton	D-3 State/RLC	2004
:08.40	Melissa Carr	Chelmsford HS	State/RLC	2005
:08.40 n	Stephanie Reusch	Old Rochster Reg-Mattpst	D-4 State/RLC	2007
:08.42	Morgan Sanders	Westfield HS	New England HS/RLC	2016
:08.42	Amy Marx	Lexington HS	State/Harvard	1990
:08.42 n	Cynthis Aroke	Peabody Veterans Mem.	New England HS/RLC	2016
:08.42 n	Megan Frazee	Westford Academy	D-1 State/RLC	2022
:08.42 n	Simone Dunbar	Sharon HS	MIAA Meet of Champions, RLC	2022

ALL-TIME INDOOR PERFORMANCES

60m HURDLES				
Perf.	Athlete	High School	Meet	Year
:08.50	Katherine Duran	Cent. Catholic HS -Lawrence	Meet of Champs/Chicago, IL	2021
:08.65 n	Vanessa Clerveaux	Brockton HS	NBIN/Armory, NYC	2010
:08.68 n	Tiana Riel	Hopkinton HS	Nat. Sch. Track/Armory, NYC	2003
:08.82 n	Melissa Isidor	New Bedford HS	NBIN/Armory, NYC	2013
:08.84 n	Lauren Barber	New Bedford HS	NBIN/Armory, NYC	2007
:08.85 n	Ally Saccone	Old Rochester Reg-Mattpt	NBIN/Armory, NYC	2012
:08.92	Kate Sherman	Dennis-Yarmouth Reg HS	NSIC Pent/Armory, NYC	2004
:08.92 n	Jada Johnson	Sharon HS	NBIN Pent/Armory, NYC	2019
:08.93 n	Isabella DiMare	Notre Dame Acad-Hingham	NBIN EE/Armory, NYC	2015
:08.95 n	Celia Kulis	Wilmington HS	NBIN-Rising Stars/Armory, NYC	2022
:08.99 n	Berkeley Hall	Pembroke HS	Nike Ind. Natls./RLC	2010
:09.01 n	Anoush Krafin	Belmont HS	NBIN Pent/Armory, NYC	2018
:09.02 n	Nicole Genard	Somerville HS	Nike Ind. Natls./RLC	2010
:09.02 n	Kate Sullivan	Randolph HS	Nat. Sch. Track/RLC	1997
:09.08	Sarah Dumas	Franklin HS	NBIN Pent/THE TRACK, Brighton	2023
:09.04 n	Katherine Defosse	Auburn HS	NBIN-Rising Stars/Armory, NYC	2022
:09.08 n	Maddie Sessler	Plymouth South HS	NBIN EE/Armory, NYC	2016
:09.09 n	Jody Parrott	Andover HS	NBIN/Armory, NYC	2022
:09.10 n	Stephanie Reusch	Old Rochester Reg-Mattpt	Nat. Sch. Track/Armory, NYC	2006
:09.16 n	Kelsey Sullivan	Marshfield HS	NBIN/Armory, NYC	2014
:09.16 n	Megan Frazee	Westford Academy	NBIN Pent/Armory, NYC	2020
:09.17 n	Meghan Ferreira	Mansfield HS	Nike Ind. Natls./RLC	2009
:09.18 n	Emma Sanford	South Hadley HS	NBIN Pent/THE TRACK, Brighton	2023
:09.19 n	Aly Comeau	Gardner HS	NBIN EE/Armory, NYC	2014
:09.19 n	Kate Sullivan	Randolph HS	NSIC Meet/Armory, NYC	1996
:09.22 n	Lauren Carroll	Brookline HS	Nat. Sch. Track/Armory, NYC	1999
:09.22 n	Stacey Williams	Falmouth HS	Nat. Sch. Track/Syracuse, NY	1995
:09.22 n	Katelyn Gorgenyi	North Reading HS	GBTC Meet/Harvard	2020
:09.24 n	Stephanie Walker	Tewksbury HS	Nat. Sch. Track/Armory, NYC	2010
:09.24 n	Saige Tudisco	Pentucket Reg-W.Newbury	NBIN Pent/Armory, NYC	2018
:09.25 n	Emma Mills	Hingham HS	NBIN Pent/THE TRACK, Brighton	2022
:09.26 n	Madeline Outman	Newton South HS	NBIN Pent/Armory, NYC	2004
:09.26 n	Cassandra Ryding	Westford Academy	Nike Ind. Natls./RLC	2009
:09.27 n	Karla Ganley	Wellesley HS	GBTC Meet/Harvard	2011
:09.29 n	Morgan Sanders	Westfield HS	NBIN EE/Armory, NYC	2016
:09.30	Katie Hoppe	Hopkinton HS	NBIN Pent/Armory, NYC	2003
:09.30 n	Carly McNary	Coyle&Cassidy HS-Taunton	NBIN Pent/Armory, NYC	2004
:09.30 n	Mackenzie Gray	Governor's-Andover	NE TAC/Harvard	2014
:09.32 n	Cecily Boyce	Hopkinton HS	Nat. Sch. Track/Armory, NYC	2008
:09.33 n	Ellen DiPietro	Marshfield HS	NBIN/Armory, NYC	2014
:09.36 n	Janessa Duran	Cent. Catholic HS -Lawrence	NBIN Pent/THE TRACK, Brighton	2023
:09.37 n	Wittly Jourdan	Somerville HS	Nat. Sch. Track/Armory, NYC	1999
:09.37 n	Jamie Allen	King Philip Reg -Wrentham	Nat. Sch. Track/Syracuse, NY	1995
:09.38 n	Mariah Scharn	Groton-Dunstable HS	NBIN-Rising Stars/Armory, NYC	2023
:09.41 n	Priscilla Trojano	Coyle&Cassidy HS-Taunton	Dartmouth Relays/NH	2008
:09.42 n	Shannon Jackson	Bridgewater-Raynham Reg	Nat. Sch. Track/RLC	2000
:09.42 n	Dara Edge	Attleboro HS	Nike Ind. Natls./RLC	2009
:09.45 n	Sydney Bennett	North Attleborough HS	NBIN/Armory, NYC	2012
:09.52 n	Allison Flaherty	Pembroke HS	NBIN-Rising Stars/Armory, NYC	2022

ALL-TIME INDOOR PERFORMANCES

200m DASH				
* run at yards (-.12) x=run in lanes/#=flat floor lanes				
Perf.	Athlete	High School	Meet	Year
:24.46 *	Tasha Downing	Boston Tech HS-Dorch	NE AAU/Harvard	1988
:24.58 n	Sierra Irvin	Hingham HS	NBIN/Armory, NYC	2014
:24.59 n	Chloe Alfieri	Bromfield Sch-Harvard	NBIN/Armory, NYC	2018
:24.61 n	Sarah Meeks	Norwood HS	Nat. Sch. Track/Syrac NY	1993
:24.71 n	Isabella DiMare	Notre Dame Acad-Hingham	NBIN EE/Armory, NYC	2014
:24.83 *	Maxine Underwood	Brookline HS	NE AAU/Harvard	1980
:24.83 n	Aylssa Madden	Oakmont Reg-Ashburnham	NBIN/Armory, NYC	2018
:24.98 n	Rachel Arthur	Lincoln-Sudbury Reg. HS	adidas Ind. Natls./Virg.Beach,VA	2021
:25.00	Mia Dansby	Brokcton HS	Chicago Indoor Meet, Chicago	2021
:25.07 n	Obi Akubude	Concord-Carlisle Reg.	NBIN/THE TRACK, Boston	2023
:25.09 n	Domonique Hall	Shrewsbury HS	NBIN/Armory, NYC	2014
:25.09 n	Anna Jordhal-Henry	Wellesley HS	NBIN/Armory, NYC	2019
:25.17	Ali Murphy	Norton HS	NBIN/THE TRACK, Boston	2023
:25.20	Allison Culley	Foxboro HS	Nat. Sch. Track/RLC	1997
:25.20 n	Rachelle Parker	Wellesley HS	NE TAC/Harvard	2016
:25.21 n*	Kristin Sbarra	Falmouth HS	NE AAU/Harvard	1995
:25.23 n	Victoria Steffon	Nashoba Reg HS-Bolton	BU Mini # 2/BU	2017
:25.28 n	Abby Desmaris	Framingham HS	NBIN/THE TRACK, Boston	2022
:25.36	Lauren Sablone	Austin Prep HS-Reading	MSCTA Last Chance/RLC	2020
:25.38 n	Keilan Nova	Uxbrige HS	NBIN EE/Armory, NYC	2014
:25.41 n	Emma Rice	Boston Latin HS	Nike Ind. Natls./RLC	2010
:25.42	Brianna Tabin	South Hadley HS	NBIN/Armory, NYC	2011
:25.43	Catherine Duran	Cent. Catholic-Lawrence	Meet of Champs/Chicago, IL	2021
:25.46	Makayla Paige	Tewksbury HS	Northeast Inv./RLC	2020
:25.51 n	Amanda Henson	Barnstable HS-Hyannis	BU Mini # 2/BU	2013
:25.53 n	Sadai Headley-Marasi	Peabody Veterans Mem.	adidas Ind. Natls./Virg.Beach,VA	2021
:25.56 n	Jolene Murphy	Peabody Veterans Mem.	adidas Ind. Natls./Virg.Beach,VA	2021
:25.60 n	Grace Hanifin	Burlington HS	NBIN/THE TRACK, Boston	2023
:25.65 n	Ashley Smith	Tewksbury HS	Nat. Sch. Track/Armory, NYC.	2008
:25.70 n	Sara Clafin	Peabroke HS	BU Mini # 2/BU	2023
:25.70 n	Nyah Santana	Wachusett Reg.HS-Bolton	NBIN/THE TRACK, Boston	2023
:25.72 n	Ijeoma Ezechukwa	Ayer HS	Nike Natls.Ocean Breeze, NY	2022
:25.75 n	Kelly Ennis	Groton-Dunstable Reg HS	Nike Ind. Natls./Landover, MD	2003
:25.78 n	Breanna Braham	Dennis-Yarmouth Reg. HS	NBIN/THE TRACK, Boston	2023
:25.82 n	Samantha Stabile	Haverhill HS	Nat. Sch. Track/Armory, NYC.	2008
:25.83 n	Ava Vasile	Medway HS	NBIN/Armory, NYC	2018
:25.84	Cory Ryan	Norwoods HS	MSTCA Holiday Classic/RLC	2009
:25.84 n	Casey Hsuing	Acton-Boxboro Reg HS	Nat. Sch. Track/Armory, NYC.	2008
:25.86 n	Robin Gross	Lexington HS	NBIN/Armory, NYC	2013
:25.87 n	Eve Bishop	Andover HS	Nike Ind. Natls./RLC	2010
:25.87 n	Shayla Ford	Stoughton HS	NBIN/THE TRACK, Boston	2023
:25.88	Giuliana Ligor	North Reading HS	NBIN/THE TRACK, Boston	2023
:25.89 n	Kayla Comer	Mansfield HS	BU Mini # 3/BU	2011
:25.90 n	Annie Comella	Wellesley HS	NBIN-Freshman/Armory, NYC	2022
:25.92 n	Alyssa Zee	Ashland HS	NBIN EE/Armory, NYC	2016
:25.92 n	Savanna Vargas	Peabody Veterans Mem.	MSTCA Northeast Inv./RLC	2023
:25.95 n	Delia Barbanti	Anodver HS	NBIN EE/Armory, NYC	2019
:25.96	Melissa White	Acton-Boxboro Reg HS	MSTCA Northeast Inv./RLC	2022
:25.98 n	Abby Comella	Wellesley HS	MSTCA Northeast Inv./RLC	2020
:26.07 n	Jillian Strynar	Norton HS	NBIN/THE TRACK, Boston	2023

ALL-TIME INDOOR PERFORMANCES

300m DASH				
must be FAT to make list				
n = non-winning mark				
Perf.	Athlete	High School	Meet	Year
:36.67	Sierra Irvin	Hingham HS	New England HS/RLC	2014
:37.88 n	Tasha Downing	Boston Tech HS-Dorc.	Natl. Sch. Track/Yale, CT	1986
:38.96	Rebecca Robinson	Arlington HS	Dual County League/RLC	2011
:38.95	Chloe Alfieri	Bromfield Sch-Harvard	D-5 State/RLC	2018
:39.30	Sarah Wernick	Northampton HS	State/RLC	2006
:39.33	Anna Jordahl-Henry	Wellesley HS	State/RLC	2019
:39.43	Kylee Bernard	Cambridge R&L HS	Dual County Lea/NB TRACK	2023
:39.44	India Ingemi	Beverly HS	D-2 State/RLC	2020
:39.44 *	Allison Culley	Foxboro HS	New England HS/RLC	1998
:39.55	Lauren Sablone	Austin Prep HS-Reading	New England HS/RLC	2020
:39.57	Christine Moschella	Hopkinton HS	State/RLC	2001
:39.57	Obi Akubude	Concord-Carlisle Reg.	Dual County Lea/NB TRACK	2023
:39.58	Alyssa Madden	Oakmont Reg.-Ashburnham	State/RLC	2017
:39.61 n	Jolene Murphy	Peabody Veterans Mem.	State/RLC	2020
:39.67 n	Ali Murphy	Norton HS	New England HS/RLC	2023
:39.69	Dominique Hall	Shrewsbury HS	D-1 State/RLC	2014
:39.72	Ashley Hubbard	Marshfield HS	State/RLC	2004
:39.74	Natasha Stevenson	Haverhill HS	New England HS/RLC	2003
:39.82 n	Jenn Esposito	Mansfield HS	MSTCA Girls Inv./RLC	2011
:39.83 n	Abby Desmaris	Framingham HS	D-1 State/RLC	2023
:39.84 n	Ava Vasile	Medway HS	New England HS/RLC	2017
:39.87	Brianna Duncan	Cambridge R&L HS	State/RLC	2016
:39.87 n	Abby Comella	Wellesley HS	D-2 State/RLC	2020
:39.89 n	Kimesha Lewis	Lowell HS	New England HS/RLC	2019
:39.90	Ashley Lewis	Boston Latin Academy	MSTCA Coaches Inv./RLC	2015
:40.00 n	Isabella DiMare	Notre Dame Acad-Hingham	State/RLC	2014
:40.01	Chelsea Owusu	Wachusett Reg.HS-Bolton	State/RLC	2015
:40.03	Shayla Ford	Stoughton HS	D-3 State/RLC	2023
:40.06	Arantxa King '	Medford HS	Dartmouth Relays/NH	2006
:40.07	Natalie Crutchfield	Acton-Boxboro Reg HS	Dual County League/RLC	2006
:40.07 n	Mandela Gtaves-Fulgham	Amherst-Pelham Reg. HS	New England HS/RLC	2004
:40.11 n	Eve Bishop	Andover HS	State/RLC	2011
:40.13	Makayla Paige	Tewksbury HS	Dual-MVC Leag # 3/BU	2020
:40.14 n	Shanika Pitts	Oliver Ames HS-No.Easton	MSTCA Elite Meet/RLC	2006
:40.27	Monique Malcolm	Nauset Reg. HS-Orleans	D-4 State/RLC	2019
:40.28 n	Karen Bakanowski	Algonquin Reg.-Northboro	New England HS/RLC	2004
:40.29 n	Savannah Pineda	Gardner HS	D-5 State/RLC	2020
:40.30	Christina Izzicupo	Stoneham HS	State/RLC	2007
:40.41 n	Corey Ryan	Norwood HS	D-2 State/RLC	2011
:40.42	Victoria Steffon	Wachusett Reg.HS-Bolton	D-3 State/RLC	2009
:40.44	Delia Barbanti	Andover HS	D-1 State/RLC	2019
:40.45	Juleen Lewis	O'Bryant HS-Roxbury	D-3 State/RLC	2016
:40.45 n	Maya Jarostcuk	Acton-Boxboro Reg HS	State/RLC	2013
:40.45 n	Jayani Santos	Tewksbury Memorial HS	MIAA Meet of Champs, RLC	2023
:40.46	Emily Broyles	Mansfield HS	State/RLC	2009
:40.51	Meisha Brooks	Boston Latin School	D-1 State/RLC	2010
:40.53	Amy Piccolo	Ursuline Acad.-Dedham	MSTCA Elite Meet/RLC	2013
:40.53 n	Kayla Hill	Springfield Central HS	D-1 State/RLC	2018
:40.58 n	Kerry O'Connor	Milford HS	MSTCA Coaches Inv./RLC	2020
:40.59 n	Meaghan Callahan	Apponoquet Reg.-Lakeville	State/RLC	2006

ALL-TIME INDOOR PERFORMANCES

400m DASH				
must be FAT to make list r=1st leg relay / * at yards -.2t				
Perf.	Athlete	High School	Meet	Year
:53.59	Tasha Downing	Boston Tech HS-Dorc.	BU Open/BU	1986
:54.44 *	Maxine Underwood	Brookline HS	NEAAU/Harvard	1981
:54.7 r (160y)	Johanna Forman	Falmouth HS	Millrose Games, MSG/NYC	1997
:55.24 n	Rebecca Robiinson	Arlington HS	NBIN/Armory, NYC	2011
:55.29 n	Sierra Irvin	Hingham HS	NBIN/Armory, NYC	2014
:55.80 n	Ashley Hubbard	Marshfield HS	Natl. Sch. Track/NYC	2004
:56.05 n	Kylee Bernard	Cambridge R&L HS	NBIN/THE TRACK, Boston	2023
:57.40 n	Chanelle Bruce	O'Bryant HS-Roxbury	Boston Ind Games/RLC	1998
:56.06 n	Ava Vasile	Medway HS	NETAC/Harvard	2018
:55.90	Chloe Alfieri	Bromfield Sch.-Harvard	NETAC/Harvard	2018
:57.15 n	Avery Leydon	Woburn HS	NBIN/Armory, NYC	2017
:57.1	Tamara Hennemuth	Falmouth HS	USCGA Meet/N.London, CT	1976
:57.0 n	Clare Connolly	Needham HS	Eagle Inv/Chestnut Hill	1980
:56.92 n	Christine Moschella	Hopkinton HS	Natl. Sch. Track/NYC	2000
:56.90 n	Abby Comella	Wellesley HS	NBIN EE/Armory, NYC	2018
:56.90	Genessa Eddins	West Roxbury HS	Natl. Sch. Track/Yale. CT	1983
:56.8 n *	Sandy Bryan	Pingree School-S.Hamilton	NEAAU/Harvard	1978
:56.73 n	Makayla Paige	Tewksbury HS	East Coast Inv/Virg, Beach,VA	2021
:56.65 n	Ashley Lewis	Boston Latin HS	NBIN/Armory, NYC	2015
:56.63 n	Jenn Esposito	Mansfield HS	BU Mini #2/BU	2011
:56.63	Allison Culley	Foxboro HS	Boston Ind Games/RLC	1998
:59.00 n	Nicki Cunha	Tewksbury Memorial HS	Natl. Sch. Track/NYC	2008
:58.96 n	Devin Stroope	Newburyport HS	MSTCA N.E. Inv., RLC	2023
:58.86 n	Hannah Neilon	Fitchburg HS	NBIN EE/Armory, NYC	2018
:58.80	Beth Pfefferle	North Attleborough HS	Dartmouth Relays/Han., NH	1986
:58.79 n	Hurley McGuffie	Lynn Classical HS	NBIN/Armory, NYC	2011
:58.75 n	Jennifer Hall	Norwood HS	Nike Ind. Natls./RLC	1997
:58.72	Tameka Hinton	Boston Latin HS	Natl. Sch. Track/Syracuse, NY	1991
:58.70 n	Alicia James	Scituate HS	Natl. Sch. Track/Syracuse, NY	1994
:58.5 n *	Sonji Larts	Brookline HS	NEAAU/Harvard	1981
:58.5 n	Christine Mullen	Seekonk HS	Eagle Inv/Chestnut Hill	1978
:58.47 n	Jacklyn Sullivan	Plymouth North HS	NBIN EE/Armory, NYC	2016
:58.44 n	Darla Parisi	Beverly HS	Dartmouth Relays/Han., NH	1982
:58.37 n	Mary Keroach	Marblehead HS	NBIN/Armory, NYC	2010
:58.32 n	Sonya Nagle	Brookline HS	East Coast Inv/Virg, Beach,VA	2021
:58.27 n *	Nancy Robiinson	Falmouth HS	MSTCA Coaches Special/Harv.	1978
:58.27 n	Raham Giwa	Wachusett Reg.HS-Bolton	MSTCA N.E. Inv., RLC	2023
:58.24 n	Sadai Headley-Mawasi	Peabody Veterans Mem.	adidas Ind.Natls/VirgBeach,VA	2021
:58.23 n	Emily Broyles	Mansfield HS	BU Mini #2/BU	2009
:58.19	Maya Jarostchuk	Acton-Boxboro Reg. HS	NBIN/Armory, NYC	2013
:57.94 n	Josette Pierre-Louis	Somerville HS	Natl. Sch. Track/NYC	2000
:57.9 n *	Melanie Stone	Brookline HS	GBTC Meet/Harvard	1984
:57.68 n	Meisha Brooks	Boston Latin HS	Nike Ind. Natls./RLC	2009
:57.63	Kayla Buback	Woburn HS	MSTCA N.E. Inv., RLC	2023
:57.56 n	Amy Piccolo	Ursuline Acad.-Dedham	NBIN/Armory, NYC	2013
:57.54 n	Jolene Murphy	Peabody Veterans Mem.	adidas Ind.Natls/VirgBeach,VA	2021
:57.51 n	Alee Wade	Nashoba Reg.-Bolton	Nike Ind. Natls./RLC	2009
:57.50 n	Laurie Femmel	Natick HS	NBIN EE/Armory, NYC	2012
:57.5 n *	Sonia Hart	Boston Tech. HS-Dorc.	NEAAU/Harvard	1978

ALL-TIME INDOOR PERFORMANCES

600m RUN				
Perf.	Athlete	High School	Meet	Year
.1:29.70	Makayla Paige	Tewksbury Mem. HS	D-3 State/RLC	2020
.1:30.28	Paige		Millrose Games/Armory, NYC	2020
.1:32.00 n	Amy Piccolo	Ursuline Acad.-Dedham	New England HS/RLC	2014
.1:32.23	Maura McCusker	Stoneham HS	State/RLC	1999
.1:32.31 n	Abby Comella	Wellesley HS	State/RLC	2019
.1:32.32 n	Jennifer Venditti	Franklin HS	State/RLC	1999
.1:32.82	Sarah Edwards	Bellingham HS	Tri-Vall League/RLC	2016
.1:32.95	Andrea Keklak	Lincoln-Sudbury Reg.HS	MSTCA Girls Inv./RLC	2011
.1:33.00	Ashley Lewis	Boston Latin Academy	State/RLC	2016
.1:33.06 n	Meghan Bellerose	Newton North HS	State/RLC	2013
.1:33.25	Samantha Friborg	Acton-Boxboro Reg. HS	Dual County Champs/RLC	2018
.1:33.30	Haley Catarius	Marshfield HS	State/RLC	2006
.1:33.61	Meg Looney	Bishop Feehan HS-Attle	MSTCA Elite Meet/RLC	2008
.1:32.84 n	Natalia Paine	Northampton HS	New England HS/RLC	2009
.1:33.9 h #	Johanna Forman	Falmouth HS	Moscow, USSR	1976
.1:34.00	Avery Leydon	Woburn HS	D-1 State/RLC	2017
.1:34.04	Kendal Knous	Franklin HS	State/RLC	2012
.1:34.06 n	Allison Cuzzo	King Philip Reg.-Wrentham	New England HS/RLC	2004
.1:34.27	Heather MacLean	Peabody Veterans Mem.	D-1 State/RLC	2013
.1:34.3 h #	Ariana Lambie	Bromfield Sch.-Harvard	NSIC Armory/NYC	2003
.1:34.45 n	Jacklyn Sullivan	Plymouth North HS	State/RLC	2016
.1:34.50 n	Melissa Sherman	Dennis-Yarmouth Reg HS	State/RLC	2001
.1:34.52	Colette O'Leary	Milton HS	Bay State League Champs/RLC	2016
.1:34.55	Lauren Williamson	Wachusett Reg.-Holden	D-1 State/RLC	2010
.1:34.55 n	Elise O'Leary	Milton HS	Bay State League Champs/RLC	2019
.1:34.65	Danielle Griffin	Norwell HS	Patriot League Meet/RLC	2012
.1:34.69	Shauna Danos	Acton-Boxboro Reg. HS	State/RLC	2000
.1:34.69 n	Mikaila Amerantes	Mansfield HS	State/RLC	2015
.1:34.70 n	Laurie Femmel	Natick HS	State/RLC	2012
.1:34.77 n	Mimi Nardonne	Bromfield Sch.-Harvard	New England HS/RLC	2010
.1:34.81 n	Lucy Lang	Lexington HS	State/RLC	2015
.1:34.91 n	Maya Halprin-Adams	Cambridge R&L HS	State/RLC	2015
.1:34.94 n	Madison Acton	Lincoln-Sudbury Reg.HS	State/RLC	2010
.1:34.98 n	Rebecca Stabile	Haverhill HS	D-1 State/RLC	2010
.1:35.02 n	Mary Scanlan	Pembroke HS	MSTCA Girls Inv./RLC	2011
.1:35.08 n	Mia Toffoli	Northampton HS	New England HS/RLC	2011
.1:35.10 n	Grace Pettingill	Minnechaug Reg-	D-1 State/RLC	2017
.1:35.14	Nicole Anderson	Billerica Memorial HS	MSTCA Girls Lg. Inv./RLC	2020
.1:35.17 n	Krista Webb	Narragansett Reg.	State/RLC	2013
.1:35.20	Lucy Jenks	Newton South HS	Dual County Leag. Meet/BU	2019
.1:35.20 n	Emma Sullivan	Shepherd Hill Reg-Dudley	D-3 State/RLC	2018
.1:35.28 n	Kate Gobi	Wachusett Reg.-Holden	New England HS/RLC	2014
.1:35.34	Christi Gallagher	Marian HS-Framingham	D-3 State/RLC	2007
.1:35.35	Clare Martin	Newton South HS	MSTCA Last Chance/RLC	2016
.1:35.39 n	Alex Stanton	Medfield HS	State/RLC	2011
.1:35.40	Dana Jamison	Lincoln-Sudbury Reg.HS	Dual County Leag. Meet/RLC	2007
.1:35.40	Julie Kennedy	Andover HS	D-1 State/RLC	2018
.1:35.43	Samantha Coletti	Whitman-Hanson Reg HS	Patriot League Meet/BU	2015
.1:35.45	Daviann Brown	Silver Lake Reg-Kingston	New England HS/RLC	2002
.1:34.45	Molly Binder	Lincoln-Sudbury Reg.HS	MSTCA Elite Meet/RLC	2007

ALL-TIME INDOOR PERFORMANCES

800m RUN	c = 160y track /d(150) smaller	h = hand time race	(+) in 880y race	
Perf.	Athlete	High School	Meet	Year
.2:07.20 c+	Johanna Forman	Falmouth HS	US Senior Natls MSG/NY	1976
.2:07.7 nc+	Darlene Beckford	Cambridge R&L HS	CYO Meet, College Park/MD	1978
.2:07.82 n	Sarah Edwards	Bellingham HS	NBIN Armory, NYC	2016
.2:08.01 n	Makayla Paige	Tewksbury HS	John Thomas Inv./ BU	2020
.2:08.1 hnc+	Forman		US Olympic Inv./MSG, NYC	1976
.2:08.30 n	Forman		US v USSR dual/Moscow,RUS	1976
.2:08.33 n	Arianna Lambie	Bromfield Sch.-Harvard	NSIC Armory/NYC	2003
.2:08.5 hnc+	Forman		US Olympic Inv./MSG, NYC	1997
.2:08.50 n	Amelia Everett	Newton South HS	NBIN/THE TRACK, Boston	2023
.2:08.59 n	Ellie Shea	Belmont (unatt)	BU Last Chance, BU	2022
.2:08.76 n	Samantha Friborg	Acton-Boxboro Reg. HS	NBIN Armory/NYC	2018
.2:09.5 nc+	Beckford		Milrose Games/MSG, NYC	1978
.2:09.7 hnc+	Beckford		US Senior Natls MSG/NY	1978
.2:09.9 hnc+	Forman		Millrose Games/MSG, NYC	1977
.2:10.1 hnc+	Forman		CYO Meet, College Park/MD	1976
.2:10.2 hnc+	Forman		CYO Meet, College Park/MD	1975
.2:10.6 hnc+	Forman		K of C Meet, Cleveland, OH	1976
.2:10.68	Karina Shepard	Dracut HS	Hispanic Games/Armory, NYC	2014
.2:10.93 n	Jennifer Perry	Framingham HS	Nike Ind Natls./Landover, MD	2002
.2:11.58 nd	Christine Mullen	Seekonk HS	Jean Claude / Montreal,CDN	1977
.2:11.60 n	Kate Mitchell	Lynnfield HS	NBIN Armory/NYC	2018
.2:11.67 n	Jennifer Venditti	Franklin HS	Nat. Sch. Meet/RLC	1999
.2:12.0 hnc	Lynn Jennings	Bromfield Sch.-Harvard	US Olympic Inv./MSG, NYC	1978
.2:12.04 n	Ariel Keklak	Lincoln-Sudbury Reg.HS	NBIN Armory/NYC	2015
.2:12.33 n	Maura McCusker	Stoneham HS	NSIC Armory/NYC	1999
.2:12.48 n	Amy Piccolo	Ursuline Acad.-Dedham	NBIN EE/Armory, NYC	2014
.2:12.66 n	Sonya Nagle	Brookline HS	East Coast Inv/Virg, Beach/VA	2021
.2:12.68 n	Emliy Mephram	Lincoln-Sudbury Reg.HS	NSIC Armory/NYC	2008
.2:12.7 h+	Gail Saunders	Reading HS	NEAAU/Harvard	1982
.2:12.94 n	Kendal Knous	Franklin HS	NBIN Armory/NYC	2011
.2:13.54 n	Kristen Seabury	Stoneham HS	NSIC/Yale,New Haven, CT	1987
.2:13.82 n	Bonnie Yuen	Taunton HS	NSIC/Princeton, NJ	1985
.2:13.86 n	Haley Catarius	Marshfield HS	NSIC Armory/NYC	2006
.2:14.14 n	Sheela Agrawel	Joseph Case HS-Swansea	Terrier Classic/BU	1999
.2:14.15 n	Lucy McLean	Needham HS	NBIN/THE TRACK, Boston	2024
.2:14.27 n	Clare Martin	Newton South HS	NBIN Armory/NYC	2017
.2:14.28 n	Rebecca Dickens	Sharon HS	NSIC Armory/NYC	2000
.2:14.36	Camille Jordan	Brookline HS	MSCTA Northeast,Inv/RLC	2023
.2:14.5 h+	Adrienne Dixon	Brighton HS	Eagle Inv/Chestnut Hill	1979
.2:14.50	Colleen Wetherbee	Dennis-Yarmouth Reg HS	MSTCA Team Pent./RLC	2005
.2:14.70 n	Marika Crowe	Lincoln-Sudbury Reg.HS	NBIN Armory/NYC	2011
.2:14.71 n	Maurica Carlucci	Franklin HS	NSIC Armory/NYC	1998
.2:14.75 n	Emma Sullivan	Shepherd Hill Reg-Dudley	NBIN EE/Armory, NYC	2019
.2:14.82 n	Lauren Williamson	Wachusett Reg.-Holden	NBIN Armory/NYC	2011
.2:15.48 n	Valerie Harris	Randolph HS	NSIC/Yale,New Haven, CT	1987
.2:15.02 n	Rory Clare	Wellesley HS	NBIN Rising Stars/Armory, NYC	2022
.2:15.11 n	Keely Maguire	Triton Reg. HS-Byfield	Valentine Inv./BU	2007
.2:15.19 n	Amanda Fitzmeyer	Medford HS	NSIC Armory/NYC	1994
.2:15.47 n	Lily Jin	Wellesley HS	Pre-Nationals, NB TRACK	2023
.2:15.60 n	Macey Shriner	Plymouth North HS	NBIN/THE TRACK, Boston	2023

ALL-TIME INDOOR PERFORMANCES

1,000m RUN				
h = hand time race c = 160y track				
Perf.	Athlete	High School	Meet	Year
.2:44.15 n	Ellie Shea	Belmont (unatt)	JT Terrier Classic, BU	2023
.2:45.46	Arianna Lambie	Bromfield Sch.-Harvard	State/RLC	2003
.2:46.98	Ariel Keklak	Lincoln-Sudbury Reg.HS	State/RLC	2016
.2:47.61 n	Sarah Edwards	Bellingham HS	State/RLC	2016
.2:47.61 n	Clare Martin	Newton South HS	State/RLC	2016
.2:47.93	Andrea Keklak	Lincoln-Sudbury Reg.HS	State/RLC	2011
.2:48.70	Karina Shepard	Dracut HS	State/RLC	2014
.2:48.97	Lucy Jenks	Newton South HS	Dual County Leag. Meet/RLC	2020
.2:49.16	Makayla Paige	Tewksbury Mem. HS	adidas Ind Natl./Virg.Beach,VA	2021
.2:49.26	Samantha Friborg	Acton-Boxboro Reg. HS	State/RLC	2018
.2:49.30	Bonnie Yuen	Taunton HS	Vitalis OD, Meadowlands, NJ	1985
.2:49.56 n	Amelia Everett	Newton South HS	New England HS/RLC	2023
.2:49.97	Jennifer Perry	Framingham HS	State/Harvard	2002
.2:50.41	Margie Cullen	Needham HS	Bay State League Champs/RLC	2016
.2:50.74 n	Sarah Armstrong	Needham HS	State/RLC	2016
.2:51.07	Nicole Anderson	Billerica Memorial HS	D-3 State/RLC	2020
.2:51.3 nhc	Lynn Jennings	Bromfield Sch.-Harvard	Spectrum Inv./Phila., PA	1979
.2:51.57 n	Emma Sullivan	Shepherd Hill Reg-Dudley	D-3 State/RLC	2020
.2:51.70 n	Johanna Forman	Falmouth HS	US v USSR dual/Sochi, Russia	1977
.2:51.95 n	Sonja Nagle	Brookline HS	adidas Ind Natl./Virg.Beach,VA	2021
.2:51.99	Camille Murphy	Framingham HS	State/RLC	2009
.2:52.37 n	Ellie Hylton	Lincoln-Sudbury Reg.HS	State/RLC	2009
.2:52.91 n	Margo Gillis	Newton North HS	State/RLC	2009
.2:52.92 n	Sarah Isbitz	Cambridge R&L HS	State/RLC	2002
.2:52.97 n	Rachel Sessa	Tewksbury HS	New England HS/RLC	2018
.2:53.09	Emily Mephram	Lincoln-Sudbury Reg.HS	State/RLC	2008
.2:53.17 n	Maya Halprin-Adams	Cambridge R&L HS	State/RLC	2014
.2:53.22 n	Sara Casilli	Brookline HS	State/RLC	2000
.2:53.26	Camile Jordan	Brookline HS	D-1 State/RLC	2023
.2:53.32	Bryanna Allison	Lowell HS	State/RLC	2013
.2:53.32	Elise O'Leary	Milton HS	State/RLC	2019
.2:53.43 n	Kathy O'Keefe	Newton South HS	Dual County Leag. Meet/RLC	2010
.2:53.44	Grace Connolly	Natick HS	Bay State League #6/RLC	2019
.2:53.47	Rory Clare	Wellesley HS	MIAA Meet of Champions, RLC	2022
.2:53.50 n	Kelly Madden	St. Clare's HS/Boston	Easterns/Harvard	1985
.2:54.21 n	Colette O'Leary	Milton HS	State/RLC	2016
.2:54.27 n	Carolyn Ranti	Newton North HS	State/RLC	2008
.2:54.31	Bridgett Mitchell	Milton HS	State/RLC	2017
.2:54.39	Samantha Coletti	Whitman-Hanson Reg HS	Patriot League Meet/BU	2015
.2:54.61	Caitlin Klick	Chelmsford HS	State/RLC	1998
.2:54.65	Julie Curtin	Beverly HS	NorthEast Conf. Meet/RLC	2016
.2:54.71 n	Rita Maurais	Hopedale HS	State/RLC	2016
.2:54.81	Colleen Wetherbee	Dennis-Yarmouth Reg HS	MSTCA Elite Meet/RLC	2006
.2:54.84	Monica Adler	Beverly HS	MSTCA Elite Meet/RLC	2010
.2:55.06 n	Olivia Manickas-Hill	Lexington HS	New England HS/RLC	2014
.2:55.08	Alexina Hurley	Woburn HS	D-2 State/RLC	2018
.2:55.20	Kate Mitchell	Lynnfield HS	Cape Ann League Meet/RLC	2018
.2:55.21	Gianna Mastrometto	St. Peter/Marian HS-Worc	MSTCA Girls Inv./RLC	2015
.2:55.37 n	Kaleigh Hughes	Needham HS	State/RLC	2014
.2:55.55 n	Macey Shriner	Plymouth North HS	D-1 State/RLC	2023

ALL-TIME INDOOR PERFORMANCES

1,500m RUN				
h = hand time race c = 160y track/d=150m track				
Perf.	Athlete	High School	Meet	Year
.4:18.9 nhc	Lynn Jennings	Bromfield Sch.-Harvard	Toronto Oly. Games, Can	1978
.4:17.48 ec	Jennings		US Senior Natls MSG/NY	1976
.4:19.7 hc	Jennings		US v Italy dual/Milan, Italy	1978
.4:21.42 n	Ellie Shea	Belmont (unatt)	Valentine Inv./BU	2022
.4:24.7 c	Jennings		Millrose Games/MSG, NYC	1978
.4:25.04 nc	Kristin Perini	Milton Academy	US Olympic Inv./Ruthford., NJ	1983
.4:26.56 n	Lucy Jenks	Newton South HS	NBIN EE/Armory, NYC	2019
.4:30.3 nc	Darlene Beckford	Cambridge R&L HS	US Olympic Inv./Ruth., NJ	1979
.4:31.3	Kelly Madden	St. Clare's - Boston	NSIC/Yale,New Haven, CT	1984
.4:31.89 n	Sarah Armstrong	Needham HS	NBIN EE/Armory, NYC	2016
.4:32.6 hndm	Nancy Buguey	Falmouth HS	Ottawa Inv./Ontario, CDN	1979
.4:33.68 en	Diane Connolly	Natick HS	NB Grand Prix/RLC	2019
.4:34.53 en	Ariel Keklak	Lincoln-Sudbury Reg.HS	NBIN Armory/NYC	2016
.4:36.01 en	Meg Madison	The Winsor HS, Boston	NBIN/THE TRACK, Boston	2023
.4:36.08 en	Lily Jin	Wellesley HS	Last Chance, BU	2023
.4:36.16 n	Schuyler Gooley	Hopkinton HS	NB Grand Prix/RLC	2020
.4:36.36 en	Amelia Everett	Newton South HS	NBIN/THE TRACK, Boston	2023
.4:37.11 n	Carmel Fitzgibbon	Weston HS	NB Grand Prix/RLC	2020
.4:38.21 n	Tessa McClain	Bromfield Sch.-Harvard	NB Grand Prix/RLC	2020
.4:38.78 n	Sarah Roffman	Littleton HS	NB Grand Prix/RLC	2019
.4:39.15 e	Sarah Majka	Falmouth HS	NSIC/Yale,New Haven, CT	1994
.4:39.21 n	Bethany Steiner	Millis HS	NB Grand Prix/RLC	2020
.4:41.87 e	Heather Grinshaw	Seekonk HS	NSIC/Yale,New Haven, CT	1988

ALL-TIME INDOOR PERFORMANCES

ONE MILE RUN				
Perf.	Athlete	High School	Meet	Year
.4:39.0 nhc	Lynn Jennings	Bromfield Sch-Harvard	US Senior Natls MSG/NY	1976
.4:40.01 n	Ellie Shea	Belmont (unatt)	Dave Hemery Inv, BU	2022
.4:41.7 n	Jennings		Mason-Dixon Games/Knox,TN	1978
.4:45.5 n	Darlene Beckford	Cambridge R&L HS	Mason-Dixon Games/Knox,TN	1978
.4:45.93 n	Lucy Jenks	Newton South HS	NBIN, Armory, NYC	2019
.4:46.91 n	Shalene Flanagan	Marblehead HS	NSIC/Armory, NYC	2000
.4:47.3 nc	Jennings		CYO Meet, College Park, MD	1977
.4:47.4 n	Patty Murnane	Swampscott HS	NEAAU/Harvard	1978
.4:49.14	Catarina Rocha	Peabody Veteran's Mem.	State/RLC	2013
.4:49.2 n	Kristin Perini	Milton Academy	Mason-Dixon Games/Knox,TN	1983
.4:49.63	Ariel Keklak	Lincoln-Sudbury Reg. HS	Dual County Champs/RLC	2016
.4:49.7 h	Lisa Welch	Peabody Veteran's Mem.	State/Harverd	1981
.4:49.93 n	Andrea Keklak	Lincoln-Sudbury Reg. HS	Boston Ind. Games/RLC	2011
.4:50.59	Kristin Seabury	Stoneham HS	Eastern HS/Harvard	1986
.4:51.13 n	Sarah Edwards	Bellingham HS	NB Grand Prix/RLC	2016
.4:51.15 n	Margie Cullen	Needham HS	NB Grand Prix/RLC	2016
.4:51.28 n	Grace Connolly	Natick HS	NB Grand Prix/RLC	2018
.4:51.30 n	Sarah Armstrong	Needham HS	NBIN/Armory, NYC	2016
.4:51.7 h	Lesley Welch	Peabody Veteran's Men.	D-1 State/Harvard	1981
.4:51.70 n	Colleen Wetherbee	Dennis-Yarmouth Reg. HS	Nike Ind. Natls/Landover, MD	2006
.4:51.75 n	Bridget Dahlberg	Newton South HS	NSIC/Armory, NYC	2007
.4:52.16	Arianna Lambie	Bromfield Sch-Harvard	State/RLC	2002
.4:52.68 n	Kathy O'Keefe	Newton South HS	Boston Ind. Games/RLC	2011
.4:52.90 n	Camille Murphy	Framingham HS	Nike Ind. Natls./RLC	2009
.4:53.66 n	Monica Adler	Beverly HS	Nike Ind. Natls./RLC	2010
.4:53.90	Melissa Donais	Philips Andover Academy	Millrose Games/Armory, NYC	2002
.4:54.49 n	Meg Madison	The Windsor School, Bost	Last Chance Qualifier/BU	2023
.4:54.80 n	Julie Curtin	Beverly HS	MSTCA Elite/RLC	2016
.4:54.87	Emily Jones	Bromfield Sch-Harvard	MSTCA Elite/RLC	2009
.4:55.40	Cate Markesich	Weymouth HS	State/RLC	2002
.4:55.46 n	Amelia Everett	Newton South HS	Dave Hemery Inv, BU	2022
.4:55.74 n	Liz Holmes	Foxborough HS	State/RLC	2012
.4:55.81 n	Kaley Richards	Lowell HS	New England HS Meet/RLC	2014
.4:55.9 n	Liz Natale	Newton North HS	D-1 State/Harvard	1982
.4:55.90	Abby McNulty	Bishop Feehan HS-Attle	D-3 State/RLC	2014
.4:56.01 n	Sheela Agrawal	Joseph Case HS-Swansea	NSIC/Armory, NYC	1999
.4:56.02 n	Keely Maguire	Triton Reg. HS-Byfield	NB Grand Prix/RLC	2008
.4:56.05 n	Lily Jin	Wellesley HS	Last Chance Qualifier/BU	2023
.4:56.30 n	Schulyer Gooley	Hopkinton HS	NB Grand Prix/RLC	2020
.4:56.33	Leanne Burke	Randolph HS	State/RLC	1991
.4:56.35	Kaleigh Hughes	Needham HS	State/RLC	2015
.4:56.37	Kelly Madden	St. Clare's HS-Boston	D-2 State/Harvard	1984
.4:56.38 n	Margaret Donahue	Wellesley HS	New England HS Meet/RLC	2019
.4:56.41	Nancy Buguey	Falmouth HS	Dartmouth Relays/Hano. NH	1979
.4:56.86 n	Anyelina Martinez	Haverhill (unatt)	J.Thomas Inv, BU	2022
.4:56.98 n	Olivia Lantz	Manchester Essex Reg.HS	State/RLC	2015
.4:57.00 n	Melanie Fineman	Newton South HS	Nike Ind. Natls./RLC	2010
.4:57.1 hn	Bonnie Yuen	Taunton HS	Eagle Inv./Chestnut Hill	1984
.4:57.16	Rachel Sessa	Tewksbury HS	D-4 State/RLC	2017
.4:57.23 n	Camille Jordan	Brookline HS	NBIN/The TRACK, Boston	2023

ALL-TIME INDOOR PERFORMANCES

3,000m RUN				
h = hand time race				
Perf.	Athlete	High School	Meet	Year
.9:02.02 n	Ellie Shea	Belmont (unatt)	Last Chance Qualifier/BU	2023
.9:30.98 e	Lesley Welch	Peabody Veteran's HS	NEAAU/Harvard	1981
.9:32.68 e	Grace Connolly	Natick HS	Bay State Leag Champ/RLC	2018
.9:36.9 h	Kristin Perini	Milton Academy	NEAAU/Harvard	1984
.9:36.94 e	Julie McConville	Hingham HS	NBIN/Armory, NYC	2013
.9:38.70 e	Emily Jones	Bromfield Sch-Harvard	Nike Ind. Natls./RLC	2009
.9:42.3 e	Lisa Welch	Peabody Veteran's Men.	NEAAU/Harvard	1981
.9:42.9 h	Lynn Jennings	Bromfield Sch-Harvard	Dartmouth Relays/Hanvr.NH	1978
.9:46.38 e	Margie Cullen	Needham HS	NBIN/Armory, NYC	2016
.9:50.79 n	Meg Madison	Windsor School	NBIN/Armory, NYC	2022
.9:56.36 e	Sarah Roffman	Littleton HS	NBIN/Armory, NYC	2019
.9:58.53 e	Margaret Donahue	Wellesley HS	NBIN/Armory, NYC	2019
.9:59.00 e	Sophia Jacobs-Townsley	Amherst-Pelham Reg. HS	NBIN EE/Armory, NYC	2019
.9:59.68 n	Emily Boutin	Pope Francis HS/Springfield	Yale Classic/New Haven, CT	2020
.9:59.69 n	Lily Jin	Wellesley HS	Valentine Inv./BU	2023
.9:58.9 e	Christine Crowley	Wellesley HS	NEAAU/Harvard	1986
.10:00.54 n	Thayer Plante	Cambridge R&L HS	NEAAU/Harvard	1980
.10:01.5 n	Sandi Cullinane	Billerica Memorial HS	Eagle Inv./Chestnut Hill	1980
.10:02.77 n	Schulyer Gooley	Hopkinton HS	BU Mini # 2/BU	2019
.10:04.9 e	Nancy Buguey	Falmouth HS	GBTC Meet/Harvard	1979
.10:08.37 e	Marissa Shoji	Nobles & Greenough/Dedh	NBIN/Armory, NYC	2011
.10:09.11 en	Ava Criniti	Lexington HS	NBIN/The TRACK, Boston	2023
.10:09.71 e	Annika Gompers	Nobles & Greenough/Dedh	NBIN/Armory, NYC	2012
.10:10.53 e	Maggie Mullins	Andover HS	NBIN/Armory, NYC	2012
.10:12.75 e	Abby McNulty	Bishop Feehan HS-Attle.	NBIN/Armory, NYC	2013
.10:12.99 en	Molly Kiley	Andover HS	NBIN/The TRACK, Boston	2023
.10:17.8 h	Kristin Seabury	Stoneham HS	GBTC Meet/Harvard	1984
.10:17.80 en	Anna McElhinney	Billerica Memorial HS	NBIN/The TRACK, Boston	2023
.10:18.73 n	Maria Caraballo	Methuen HS	NBIN/Armory, NYC	2022

ALL-TIME INDOOR PERFORMANCES

TWO MILE RUN				
h = hand time race				
Perf.	Athlete	High School	Meet	Year
.9:48.82	Ellie Shea	Belmont (unatt)	NBIN/THE TRACK, Boston	2023
.10:10.50	Lynn Jennings	Bromfield Sch-Harvard	NEAAU/Harvard	1978
.10:17.02	Lucy Jenks	Newton South HS	Dual County Meet/RLC	2020
.10:17.15 n	Julie McConville	Hingham HS	NBIN/Armory, NYC	2013
.10:18.73	Grace Connolly	Natick HS	Bay State League # 1/RLC	2018
.10:19.00	Lesley Welch	Peabody Veteran's Mem.	State/Harvard	1981
.10:24.03	Natasha Roetter	Lexington HS	MSCTA Coaches/RLC	2002
.10:25.76 n	Emily Jones	Bromfield Sch-Harvard	Nike Ind. Natls./RLC	2009
.10:31.40 n	Margie Cullen	Needham HS	NBIN/Armory, NYC	2016
.10:31.88 n	Liz Natale	Newton North HS	State/Harvard	1982
.10:31.93 n	Laurie Glynn	Winchester HS	State/Harvard	1982
.10:34.26	Christine Crowley	Wellesley HS	Eastern HS Meet/Harvard	1986
.10:34.40 n	Meg Madison	Winsor School, Bost	NBIN/Armory, NYC	2022
.10:34.79 n	Sarah Roffman	Littleton HS	NBIN/Armory, NYC	2019
.10:36.45	Kristin Perini	Milton Academy	NEAAU-Harvard	1984
.10:38.12	Erin Dietz	Bedford HS	State/RLC	2013
.10:38.38	Abby McNulty	Bishop Feehan HS-Attle	MSTCA Elite Meet/RLC	2014
.10:39.00	Sheela Agrawal	Jospeh Case HS-Swansea	New England HS Meet/RLC	1998
.10:40.82	Carmel Fitzgibbon	Weston HS	State/RLC	2020
.10:43.7 h	Gina Fraz	Peabody Vertern's Mem.	Eastern HS Meet/Harvard	1984
.10:43.7 h	Leanne Burke	Randolph HS	State/Harvard	1991
.10:43.81 n	Lauren Grela	Ursuline Academy-Dedham	State/RLC	2019
.10:43.9 hn	Katie Toner	Swampscott HS	Eastern HS Meet/Harvard	1984
.10:43.92 n	Sophia Jacobs-Townsley	Amherst-Pelham Reg HS	State/RLC	2019
.10:44.36 n	Julie Spolidoro	Duxbury HS	Natl. Schol. Champs/RLC	1999
.10:46.04	Colleen Wetherbee	Dennis-Yarmouth Reg. HS	State/RLC	2007
.10:46.5 h	Thayer Plante	Cambridge R&L HS	Eastern HS Meet/Harvard	1980
.10:46.94	Margaret Donahue	Wellesley HS	Bay State League Champs/RLC	2019
.10:47.89 n	Rebecca Grusby	Newton South HS	State/RLC	2016
.10:48.18 n	Kelsey Karys	Newton South HS	Natl. Sch. Ind./Armory, NYC	2008
.10:49.0 n	Diane Hanks	Mohawk Trial-Shel Falls	Eastern HS Meet/Harvard	1984
.10:49.00	Marissa Shoji	Noble&Greenough-Dedh	NBIN/Armory, NYC	2011
.10:49.6 n	Kathy Good	Randolph HS	D-2 State/Harvard	1980
.10:49.68 n	Katherine Connolly	Natick HS	State/RLC	2019
.10:49.85	Abigail Long	Bishop Feehan HS-Attle	MSTCA Elite Meet/RLC	2016
.10:49.94	Shea Regan	Littleton HS	MSTCA northEast Inv, RLC	2022
.10:50.50 n	Nancy Buguey	Falmouth HS	Natl. Schl. Champs/Yale, CT	1979
.10:50.52	Colleen Howard	Wellesley HS	State/RLC	2000
.10:50.84 n	Michelle Palmer	Plymouth South HS	Natl. Sch. Ind./Armory, NYC	2000
.10:50.87 n	Emily Johnson	Newton South HS	Natl. Sch. Ind./Armory, NYC	2002
.10:50.9 nh	Johanna Forman	Falmouth HS	Eagle Inv./Chestnut Hill	1977
.10:51.04	Maggie Mullins	Andover HS	MVC Champs/RLC	2012
.10:51.16 n	Annika Gompers	Gann Acad-Waltham	NBIN/Armory, NYC	2012
.10:51.22	Ava Criniti	Lexington HS	MIAA Meet of Champions/RLC	2023
.10:51.23 n	Anna McElhinney	Billerica Memoirial HS	MIAA Meet of Champions/RLC	2023
.10:51.37 n	Katherine Collins	Newton South HS	New England HS Meet/RLC	2017
.10:52.22 n	Carolyn Stocker	Westfield HS	New England HS Meet/RLC	2010
.10:52.97 n	Erin Dietz	Bedford HS	State/RLC	2015
.10:53.02 n	Rachel Sessa	Tewksbury Mem. HS	New England HS Meet/RLC	2017

ALL-TIME INDOOR PERFORMANCES

High Jump Perf.	Athlete	High School	Meet	Year
5' 11"	Heather Francis	Dartmouth HS	Gr. N.B. Voke Inv.	1995
5' 10.5"	Kyle Emery	Swampscott HS	D-2 State/Harvard	1984
5' 10.5"	Ellen DiPietro	Marshfield HS	NBIN/Armory, NYC	2014
5' 10"	Andrea Comeau	Reading HS	State/Harvard	1996
5' 10"	Moira Cronin	Andover HS	MVC Dual/Tewksbury HS	2010
5' 09.5" n	Charlene Fleming	Groton-Dunstable Reg. HS	State/Harvard	1994
5' 09"	Grace Watson	Belmont HS	D-3 State Relays/RLC	2007
5' 09"	Kristin McDonagh	Mansfield HS	New England HS Meet/RLC	2010
5' 09"	Danae Bucci	Bedford HS	New England HS Meet/RLC	2015
5' 09"	Zoe Dainton	Hingham HS	State/RLC	2018
5' 09" n	Sharon Belliveau	Winthrop HS	Natl. Schl. Champs/Yale, CT	1988
5' 08.75"	Elizabeth O'Connor	Weymouth South HS	Holy Corss Inv/Worcester	1983
5' 08.5"	Angela Garcia	Somerville HS	Gr. Boston Leag/Somerville	1988
5' 08.5"	Joanne Durant	Sharon HS	D-2 State/Harvard	1993
5' 08.5" n	Nicole Parker	Dighton-Rehoboth Reg.	Natl. Schol. Champs/RLC	1999
5' 08.25"	Leslie Roberts	Quabog Reg. HS-Barre	State/Harvard	1982
5' 08"	Peggy Stewart	Danvers HS	Dartmouth Relays/Han. NH	1978
5' 08"	Becky Bryan	Lexington HS	D-1 State/Harvard	1987
5' 08"	Tammy Peebles	Weston HS	D-2 State/Harvard	1991
5' 08"	Jennifer Britz	Hopkinton HS	D-2 State/Harvard	1995
5' 08"	Kate Sherman	Dennis-Yarmouth Reg. HS	D-3 State/RLC	2002
5' 08"	Julie Regan	Marblehead HS	Natl. Sch. Ind./Armory, NYC	2003
5' 08"	Carly McNary	Coyle&Cassidy HS-Taunton	D-4 State/RLC	2004
5' 08"	Teddi Curtis	Marblehead HS	D-3 State/RLC	2006
5' 08"	Lucy Alexander	Lincoln-Sudbury Reg HS	MSTCA Elite Meet/RLC	2013
5' 08"	Kerstin Darsney	Triton Reg. HS-Byfield	D-4 State/RLC	2014
5' 08"	Anna Jordhal-Henry	Wellesley HS	State/RLC	2019
5' 08"	Jada Johnson	Sharon HS	Hocomock # 4/RLC	2020
5' 08"	Sophie Albrightl	Framingham HS	State/RLC	2020
5' 08" n	Anja Hergueter	Newton South HS	Natl. Sch. Ind./Armory, NYC	2006
5' 08" n	Amy Collins	Wachusett Reg. HS-Holden	MSTCA Elite Meet/RLC	2013
5' 07"	Jennifer Perry	Framingham HS	Bay State League Champs/RLC	2001
5' 07"	Jen Harlow	East Bridgewater HS	League Meet/Wheaton	2002
5' 07"	Christina Izzicupo	Stoneham HS	D-3 State Relays/RLC	2007
5' 07"	Kristin Judge	Tewksbury Mem. HS	D-2 State/RLC	2008
5' 07"	Hanna Muir	Wellesley HS	State/RLC	2008
5' 07"	Janelle Clarkson	Seekonk HS	MSTCA Elite Meet/RLC	2010
5' 07" n	Cassandra Wheeler	Ashland HS	D-2 State/Harvard	1987
5' 07" n	Danielle Gillatt	Marlborough HS	D-2 State/Harvard	1991
5' 07" n	Shawna Rossini	Holliston HS	Natl. Sch. Ind./Armory, NYC	2003
5' 07" n	Emily Cahill	Uxbridge HS	New England HS Meet/RLC	2012
5' 07" n	Julia Jordhal-Henry	Wellesley HS	GBTC Inv. Meet/Harvard	2017
5' 07" n	Samantha Schoenberger	Bromfield Sch-Harvard	New England HS Meet/RLC	2020
5' 06.5"	Kara Creehan	North Quincy HS	State/Harvard	1981
5' 06.5"	Sarah Lavery	North Andover HS	MSTCA Girls Inv-Large/RLC	2020
5' 06.5" n	Tiana Riel	Hopkinton HS	Natl. Sch. Ind./RLC	2003
5' 06.5" n	Aislinn Cannistra	Somerville HS	D-2 State/RLC	2019
5' 06.25"	Hillary Hall	Attleborough HS	State Meet/Reading HS	1983

ALL-TIME INDOOR PERFORMANCES

5' 06"	Sarah Lessard	Westfield HS	D-2 State/Harvard	1993
5' 06"	Roxanne Bolton	Falmouth HS	D-1 State/Harvard	1994
5' 06"	Molly Rackley	Falmouth HS	D-1 State/Harvard	1995
5' 06"	Erin Looby	Winchester HS	D-2 State/RLC	1996
5' 06"	Laura Weeks	Oliver Ames HS-Easton	State-RLC	1999
5' 06"	Andrea Fiske	Shrewsbury HS	D-1 State/rLC	2002
5' 06"	Amanda Logan	Walpole HS	State/RLC	2005
5' 06"	Katherine McGeoghan	Agawam HS	PVIAV Meet/Smith, Nhamptn	2009
5' 06"	Maria Garmen	Scituate HS	State/RLC	2014
5' 06"	Paige Suse	East Longmeadow HS	PVIAV Meet/Smith, Nhamptn	2015
5' 06"	Lianna Reilly	Newton North HS	Bay State Leag. Champs/RLC	2016
5' 06"	Erica Bracket-Thomas	Wellesley HS	Bay State Leag. Champs/RLC	2017
5' 06"	Anoush Krafian	Belmont HS	D-2 State/RLC	2018
5' 06"	Lindsay Marjanski	South Hadley HS	PVIAV Meet/Smith, Nhamptn	2019
5' 06"	Olivia Etienvre	North Attleboro HS	Hocomock # 2/RLC	2019
5' 06"	Rudecia Bernard	Dedham HS	D-4 State/RLC	2020
5' 06"	Charlotte DiRocco	Concard-Carlisle HS	Dual Cnty Meet, RLC	2022
5' 06"	Haley McCormack	Tantasqua Reg.HS-Sturbdge	MIAA Meet of Champions/RLC	2023
5' 06"	Ashley Sheldon	Andover HS	MSTCA Coaches, LG/RLC	2023
5' 06" n	TyLynn Graham	North Attleboro HS	State/Harvard	1982
5' 06" n	Hayley Laird	Algonquin Reg.-Northboro	State/Harvard	1985
5' 06" n	Jane Schloth	Reading HS	D-2 State/Harvard	1992
5' 06" n	Mary Connolly	Reading HS	D-2 State/Harvard	1992
5' 06" n	Janell Leavitt	King Philip Reg.-Wrentham	MSTCA Coaches/RLC	1995
5' 06" n	Andrea Robinson	Masconomet Reg-Topsfield	State/Harvard	1995
5' 06" n	Katie Kiladis	Framingham HS	State/Harvard	1993
5' 06" n	Katie Drinkwater	Beverly HS	D-1 State/Harvard	1995
5' 06" n	Emily Thompson	Billerica Memorial HS	State-RLC	2004
5' 06" n	Sarah Conroy	Fitchburgh HS	State-RLC	2005
5' 06" n	Cathy Loiselle	Sharon HS	NEAAU / Harvard	2009
5' 06" n	Julie Witt	Notre Dame Acad-Worc.	D-4 State/RLC	2014
5' 06" n	Olivia Featherston	Wakefield Memorial HS	MSTCA Coaches/RLC	2020
5' 06" n	Madi Kroto	Pentucket Reg.	D-4 State/RLC	2020
5' 06" n	Emma Phelps	Westborough HS	State/RLC	2020
5' 06" n	Brianna Ewanisca	Peabody Memorial HS	MIAA Meet of Champions/RLC	2023

ALL-TIME INDOOR PERFORMANCES

LONG JUMP				
Perf.	Athlete	High School	Meet	Year
20' 02.75"	Arantxa King #	Medford HS	MSTCA Elite Meet/RLC	2006
20' 01.25"	Carla Forbes	Newton North HS	State/RLC	2010
20' 00.25"	Brianna Duncan	Cambridge R&L HS	State/RLC	2016
19' 07" n	Adja Sackor	Worcester Tech HS	State/RLC	2016
19' 06"	Brooklyn Manna	Woburh HS	D-2 State/RLC	2020
19' 04"	Aquilla Judge	Scituate HS	Patriot League Meet/BU	2002
19' 04"	Juleen Lewis	JD O'Bryant HS-Roxbury	MSTCA Elite Meet/RLC	2016
19' 03.5"	Kara Dickman	Westborough HS	State/RLC	2003
19' 01"	Kiyanni Simas	Milford HS	D-1 State/RLC	2022
19' 01.5"	Tiana Riel	Hopkinton HS	D-2 State/RLC	2004
19' 01.5"	Grace Hanafin	Pembroke HS	D-3 State/RLC	2023
19' 00.5"	Mandela Graves-Fulgram	Amherst-Pelham Reg. HS	State/RLC	2005
18' 11.5" n	Megan Frazee	Westford Academy HS	D-1 State/RLC	2022
18' 11.5"	Pam Connell	Norwell HS	Natl Sch. Champs/Yale, CT	1986
18' 10.75"	Stephanie Simon	Chelsea HS	NBIN EE/Armory, NYC	2019
18' 10.5" n	Jada Johnson	Sharon HS	NBIN Pent./Armory, NYC	2019
18' 09.75"	Berkley Hall	Pembroke HS	Bob Mac Relays/RLC	2010
18' 09.5"	Deanna Latham	Triton Reg. HS-Byfield	D-3 State/RLC	2010
18' 09"	Sarah Wernick	Northampton HS	PVIAC Champs/Smith, Nhampt	2006
18' 08"	Isabel Wheeler	Middleboro HS	So. Shore League/RLC	2023
18' 07.5"	Annie Comella	Wellesley HS	Bay State League/RLC	2023
18' 06" n	Cristin Napier	Norwell HS	Eastern Champs/Harvard	1993
18' 05" n	Alyssa Zee	Ashland HS	East Coach Inv./Prov. RI	2016
18' 05"	Bharathi Subbiah	Weston HS	D-4 State/RLC	2019
18' 05.5"	Sandy Bryan	Pingree School	NEAAU/Harvard	1982
18' 05.5"	Kate Sherman	Dennis-Yarmouth Reg. HS	MSTCA Team Pent./RLC	2004
18' 04.75"	Lily Weatherbee	North Attleboro HS	Hockomock Champs/RLC	2020
18' 04.5" n	Olgo Ponomarenko #	Concord-Carlisle Reg. HS	NCIS/Armory, NYC	2006
18' 04.25" n	Mackenzie Gray	Governor's Acad-Andover	NBIN EE/Armory, NYC	2015
18' 04.25"	Naomi Stone	Falmouth HS	D-State/Harvard	1993
18' 03" n	Katie Kiladis	Framingham HS	NSIC/Dome, Syracuse, NY	1993
18' 03.5"	Shakira Cadet	BMC Durfee HS - Fall River	Southeast Conf. Meet/RLC	2023
18' 03.25"	Latoya Trout	East Boston HS	State/RLC	2002
18' 02.75" n	Karen Phillips	Norwell HS	Natl Sch. Champs/Yale, CT	1988
18' 02.75"	Jamie Chamberlain	Brookline HS	D-1 State/RLC	2019
18' 02.5"	Gloria Nunes	Barnstable HS-Hyannis	Old Colony Dual Meet/RLC	2004
18' 02.5"	Carrie Abraham	Winchester HS	D-2 State/RLC	2013
18' 02.5"	Jessica Scott	Hopkinton HS	State/RLC	2014
18' 02.5"	Natalie Marschall	Newton North HS	D-1 State/RLC	2018
18' 01" n	Deborah Wood	JD O'Bryant HS-Roxbury	New England HS Meet/RLC	2002
18' 01" n	Michelle Savoie	Milford HS	State/RLC	2012
18' 01" n	Joanna Kennedy	Wellesley HS	State/RLC	2017
18' 01"	Kara Budd	East Longmeadows HS	New England HS Meet/RLC	2005
18' 01"	Emily Rubio	Pentucket Reg.-W.Newbury	Cape Ann Champs, RLC	2022
18' 01.5" n	Kelsey Sullivan	Marshfield HS	State/RLC	2014
18' 01.5"	Saige Tudisco	Pentucket Reg.-W.Newbury	MSTCA Team Pent./RLC	2018
18' 01.5"	Jodie Parrott	Andover HS	MVC Champs/RLC	2019
18' 01.25" n	Ashley Hubbard	Marshfield HS	Old Colony Dual Meet/RLC	2004
18' 00.75" n	Elena Zhelezov #	Needham HS	NSIC/Dome, Syracuse, NY	1991

ALL-TIME INDOOR PERFORMANCES

TRIPLE JUMP				
(#)= foreign born				
Perf.	Athlete	High School	Meet	Year
42' 05.25"	Carla Forbes	Newton North HS	NBIN/Armory, NYC	2012
40' 11.75"	Arantxa King #	Medford HS	Nike Ind. Natls./Landover, MD	2007
40' 10.25"	Elena Zhelezov #	Needham HS	Eastern Champs/Harvard	1991
40' 02" n	Brianna Duncan	Cambridge R&L HS	NBIN/Armory, NYC	2016
40' 00.75" n	Mackenzie Gray	Governor's Acad-Andover	NBIN/Armory, NYC	2015
38' 11.5" n	Sophie Wright	Cambridge R&L HS	B.U. Last Chance Meet/BU	2019
38' 09.75"	Brooklyn Manna	Woburh HS	MSTCA Northeast Inv./RLC	2020
38' 09"	Tammy Peoples	Weston HS	Eastern Champs/Harvard	1992
38' 05" n	Adja Sackor	Worcester Tech HS	NBIN/Armory, NYC	2017
38' 05" n	Stephanie Simon	Chelsea HS	NBIN EE/Armory, NYC	2019
38' 04.75" n	Vaness Clerveaux	Brockton HS	NBIN/Armory, NYC	2012
38' 00.75" n	Jodi Parrott	Andover HS	NETAC Meet/Harvard	2020
37' 11.5" n	Alicia Porro	Norwell HS	NSIC/US Naval Acad., MD	1989
37' 10.75" n	Juleen Lewis	JD O'Bryant HS-Roxbury	NETAC Meet/Harvard	2016
37' 07.5" n	Sandy Noonan	Stoneham HS	Eastern Champs/Harvard	1992
37' 05" n	Lorna Barrett	Mansfield HS	Natl Sch. Champs/Yale, CT	1987
37' 04"	Bharathi Subbiah	Weston HS	New Balance Games/Arm, NYC	2020
37' 00"	Shakira Cadet	BMC Durfee - Fall River	MSTCA Northeast Inv./RLC	2023
36' 11.75" n	Nakeisha Jones	JD O'Bryant HS-Roxbury	NETAC Meet/Harvard	2008
36' 10" n	Allexia Allard	Murdock HS-Worcester	R.I. Classic/Prov. RI	2018
36' 10.25" n	Kassie Brink	Andover HS	Dartmouth Relays/Han. NH	2018
36' 09.5" n	Cassandra Wheeler	Ashland HS	Natl Sch. Champs/Yale, CT	1987
36' 09.5" n	Aubree Mercure	Holyoke Catholic HS	NBIN/Armory, NYC	2009
36' 07" n	Tiana Riel	Hopkinton HS	Natl. Sch. Cham/Armory, NYC	2002
36' 05.75" n	Jennifer Frey	Seekonk HS	Eastern Champs/Harvard	1991
36' 04.25" n	Julie Reissmiller	Belmont HS	Eastern Champs/Harvard	1991
36' 03" n	Theresa Williams	St. Clare's HS - Boston	NCIS/Armory, NYC	1998
36' 02" n	Stacey Williams	Falmouth HS	Dartmouth Relays/Han. NH	1994
36' 01.5" n	Hannah Chapman	Andover HS	NBIN EE/Armory, NYC	2014
35' 11.25" n	Juliette Nadeau	North Reading HS	Dartmouth Relays/Han. NH	2017
35' 10" n	Nicole Gilbert	Hanover HS	NBIN/Armory, NYC	2011
35' 10.25" n	Emma Phelps	Westborough HS	MSTCA Northeast Inv./RLC	2020
35' 09.25" n	Sarah Lodewick	Masconomet Reg-Topsfield	Eastern Champs/Harvard	1993
35' 08.75" n	Tylisha McCall	Clinton HS	Nike Ind. Natls./Landover, MD	2003
35' 06.75" n	Madison Vant	North Reading HS	MSTCA Northeast Inv./RLC	2023
35' 05.5" n	Alexis Daly	Milton HS	R.I. Classic/Prov. RI	2017
35' 05.5" n	Ashley Holbrook	Card. Spellman-Brockton	Pre-Natls./NB TRACK	2023
35' 05.5" n	Megan Lawlor	North Reading HS	Dartmouth Relays/Han. NH	2018
35' 04" n	Emily Belluche	Andover HS	Dartmouth Relays/Han. NH	2011
34' 10.25" n	Georgia Roberts	North Reading HS	NBIN/THE TRACK, Boston	2023

ALL-TIME INDOOR PERFORMANCES

4K SHOT PUT				
Perf.	Athlete	High School	Meet	Year
48' 09"	Melody Johnson	North Attleboro HS	D-2 State/Harvard	1986
48' 02"	Cameron Grabian	Seekonk HS	State Meet/RLC	2019
44' 11.5"	Pam Hall	Weston HS	Dartmouth Relays/Han., NH	1979
44' 09" n	Heather Oldham	Woburn HS	NSIC/RLC	1999
44' 01.5"	Jill Kornetsky	Burlington HS	State Meet/RLC	1999
43' 11.5" n	Stephanie Jeffers	Barnstable HS	New England HS Meet/RLC	2003
43' 08"	Abbie Mokwuah	Longmeadow HS	NE TAC/Harvard	2017
43' 08"	Skylar Barthelmes	Dartmouth HS	New England HS Meet/RLC	2014
43' 02.5"	Meredith O'Connor	Natick HS	D-2 State/RLC	2004
43' 01.5" n	Hillary Crook	Mansfield HS	NSIC/Armory, NYC	2006
42' 06"	Emmaline Berg	Holliston HS	Tri-County Champs/RLC	2009
42' 04.5" n	Tiana Bazie	Dennis-Yarmouth Reg.	New England HS Meet/RLC	2018
42' 00.75"	Michaela Smith	Newton North HS	State Meet/RLC	2014
41' 10"	Elizabeth Perry	Old Rochester Reg-Mattpst	State Meet/RLC	1998
41' 10"	Sada Williams	Scituate HS	State Meet/RLC	2005
41' 09.75"	Candi Shoemaker	Brockton HS	D-1 State/Harvard	1990
41' 09.25"	Nalis Mbianda	Newton South HS	State Meet/RLC	2009
41' 08.25"	Sabrina Silva	Mahar Reg. HS-Orange	New England HS Meet/RLC	2013
41' 08.25"	Brooke Serak	Bish. Feehan-Attleboro	MIAA Meet of Champions, RLC	2023
41' 06"	Chloe Eressy	Dennis-Yarmouth Reg.	New England HS Meet/RLC	2017
41' 05"n	Megan Frederick	Ipswich HS	New England HS Meet/RLC	2002
41' 05"	Juia Tulimieri	Newton North HS	New England HS Meet/RLC	2022
41' 05.75"	Jen Robichaud	No. Middlesex Reg-Townsd	D-2 State/Harvard	1991
41' 05.25"	Catherine Sargent	Dedham HS	D-5 State/RLC	2023
41' 04.5"	Karen Hodgkinson	Andover HS	Dartmouth Relays/Han., NH	1986
41' 02"	Trisha Harrison	Mansfield HS	D-2 State/RLC	2004
41' 02.25" n	Mary Marchand	Somerset HS	NSIC/RLC	1996
41' 02.25"	Lynda Limpson	Bish. Fenwick HS-Peabody	D-2 State/Harvard	1989
41' 01"	Julieth Nwosu	Brockton HS	State Meet/RLC	2019
41' 01.5" n	Kelly McCabe	Mansfield HS	New England HS Meet/RLC	2009
40' 11.5"	Grace Cunningham	Notre Dame Acad-Hingham	D-2 State/RLC	2003
40' 11.5" n	Gabrilie Etienne	Somerville HS	State Meet/RLC	2016
40' 11"	Karen Bissonnette	Falmouth HS	GBTC Meet/Harvard	1978
40' 11"	Aaliyah Callahan	Peadoby Memorial HS	Northeast Conf./RLC	2023
40' 11"	Ronnie Jones	Lowell HS	New England HS Meet/RLC	2023
40' 10.25"	Natalia Phillip	New Mission HS-Boston	MSTCA Elite Meet/RLC	2016
40' 10.25"	Skye Peterie- Cameron	Newton North HS	MIAA Meet of Champions, RLC	2022
40' 09.75"	Abby Chorches	Falmouth HS	D-4 State/RLC	2020
40' 09.5"	Jessica Masse	Somerville HS	State Meet/RLC	2010
40' 08.25" n	Elena Chaplin	Ludlow HS	New England HS Meet/RLC	2023
40' 06" n	Jessica Titus	Hopkinton HS	New England HS Meet/RLC	2000
40' 05.25"	Sandy Burke	Brookline HS	Moses Brown Inv/Prov. RI	1977
8 lb. SHOT PUT		DISCONTNUED		
46' 01"	Pam Hall	Weston HS	D-2 State/Harvard	1980
44' 07.5"	Pia Iacova	Brockton HS	D-1 State/Harvard	1079
40' 10"	Michelle Milane	North Quincy HS	D-1 State/Harvard	1982
40' 06" n	Lauren Andrews	Hull HS	D-2 State/Harvard	1982
40' 01.5"	Lisa Stack	Woburn HS	D-2 State/Harvard	1984

ALL-TIME INDOOR PERFORMANCES

5,000 m Run				
Perf.	Athlete	High School	Meet	Year
15:46.3	Ellie Shea	Belmont (unat)	NBIN/THE TRACK, Boston	2023
16:40.65 n	Julie McConville	Hingham HS	NBIN/Armory, NYC	2013
17:19.15 n	Sophia Jacobs-Townsley	Amherst-Pelham Reg. HS	NBIN/Armory, NYC	2019
17:19.27 n	Amber Sayer	Amherst-Pelham Reg. HS	NSIC/Armory, NYC	2003
17:40.69 n	Rebecca White	Natick HS	NSIC/Armory, NYC	2009
17:45.08 n	Emily Lanois	Hamilton-Wenham Reg HS	NSIC/Armory, NYC	2009
17:51.04 n	Millie Chapman	Beverly HS	NSIC/Armory, NYC	2010
17:56.01 n	Molly Lashley	Whitinsville Christian	NBIN/Armory, NYC	2022
17:56.24 n	Allison Oram	Marlborough HS	NSIC/Armory, NYC	2009
18:01.71 n	Megan Davis	Mohawk Trail Reg-Shel.Fall	NSIC/Armory, NYC	2019
18:04.79 n	Lily Jin	Wellesley HS	NBIN/Armory, NYC	2022
18:16.87 n	Jessica Kaliski	Wellesley HS	Nike Ind. Natls. Meet/RLC	2001
18:23.30 n	Kristen Veit	Holyoke Catholic	MSCTA Hol.Challenge/RLC	2008
18:26.47 n	Jennifer Gossels	Lincoln-Sudbury Reg. HS	NSIC/Armory, NYC	2009
18:28.65 n	Camille Blackman	Longmeadow HS	NSIC/Armory, NYC	2011
18:32.40 n	Leah Kaake	Amherst-Pelham Reg. HS	NSIC/Armory, NYC	2009
18:41.60 n	Kylie Marion	Narragansett Reg., Baldwle	Nike Ind. Natls.,Ocn Breeze, NY	2022

ALL-TIME INDOOR PERFORMANCES

4 x 200m RELAY				
Perf.	High School	Team Composition	Meet	Year
.1:42.75	Hingham HS	Cundari, Engyke, Hewins, Irvin	New England HS Meet/RLC	2015
.1:43.03 n	Wachusett Reg. HS-Holden	Santana, Larose, Head, Giwa	NBIN/THE TRACK, Boston	2023
.1:43.17	Boston Latin School	Williams, Rich, Reid, Brooks	MSCTA MacRelays/RLC	2010
.1:43.42	Cambridge Rindge & Latin HS	Hamlett, House, Trotman, Boone	New England HS Meet/RLC	2006
.1:43.47	Andover HS	Lansberry, Bennett, Joel, Barbanti	New England HS Meet/RLC	2018
.1:43.56	Cambridge Rindge & Latin HS	Hamlett, House, Trotman, Boone	State Meet/RLC	2005
.1:43.67 n	Peabody Memorial HS	Vargas, Headley-Mawasi, Nasso, Murphy	adidas Ind. Natls/Virg.Beach, VA	2021
.1:43.78 n	J.D. O'Bryant HS-Roxbury	Furr, Bruce, Fairweather, Carle	NSIC/Armory, NYC	1997
.1:43.80 n	Natick HS	Gerdes, Langan, Parker, Warren	NBIN EE/Armory, NYC	2018
.1:43.89 n	Mansfield HS	Comer, Broyles, Esposito, Verbic	State Meet/RLC	2010
.1:43.89 n	Lowell HS	Tighe, Lamarre, Lewis, Mitchell	New England HS Meet/RLC	2019
.1:43.91	J.D. O'Bryant HS-Roxbury	Furr, Bruce, Fairweather, Carle	NSIC/RLC	1996
.1:43.94 n	Wellesley HS	Kennedy, Comella, Kogon, A.Jordal-Henry	NBIN EE/Armory, NYC	2018
.1:44.0 h	Randolph HS	Smith, Harris, Sullivan, Crosby	Terrier Inv./BU	1983
.1:44.07	Cambridge Rindge & Latin HS	Fisher, Poindexter, Presume, Halprin-Adams	State Meet/RLC	2014
.1:44.10 n	Andover HS	Barbanti, Sergeant, Dunn, Kennedy	New England HS Meet/RLC	2019
.1:44.11	Acton-Boxboro Reg. HS	Hsuing, Crowley, Shory, Crutchfield	New England HS Meet/RLC	2007
.1:44.15	Brockton HS	Clerveaux, Halliday, Neville, Simpson	D-1 State Meet/RLC	2010
.1:44.28 n	Lowell HS	Jones, Petzold, Geary, Ogiegor	NBIN/THE TRACK, Boston	2023
.1:44.33 n	Natick HS	Gerdes, Parker, McQuillen, Howland	New England HS Meet/RLC	2017
.1:44.35 n	Brockton HS	Clerveaux, Freeman, Beville, Igbowke	NBIN/Armory, NYC	2011
.1:44.36 n	Notre Dame Acad.-Hingham	D-Mare, Reilly, Sulani, Kenyon	New England HS Meet/RLC	2014
.1:44.38 n	Lowell HS	Lewis, Jean, Lamarre, Golden	New England HS Meet/RLC	2018
.1:44.46 n	Foxboro HS	unknown	NSIC/Armory, NYC	1998
.1:44.48 n	Wellesley HS	Coelho, Daniel, Turco, Comella	State Meet/RLC	2020
.1:44.52	North Attleborough HS	Goldberg, Udall, Deininger, Capparella	D-2 State/RLC	2009'
.1:44.52 n	Pentucket Reg.-West Newbury	Sa.Campbell, Rubion, Smith, Sy.Campbell	New England HS Meet/RLC	2020
.1:44.59	Cambridge Rindge & Latin HS	Duncan, Fisher, Halprin-Adams, Asprilla	D-1 State Meet/RLC	2015
.1:44.61 n	Wachusett Reg. HS-Holden	Santana, Vernon, Steffon, O'Callahan	State Meet/RLC	2018
.1:44.63 n	Wachusett Reg. HS-Holden	Steffon, Ricciardi, Burnes, Owusu	State Meet/RLC	2015
.1:44.70 n	Andover HS	Bishop, Shields, Singleton, Baldwin	State Meet/RLC	2010
.1:44.77	Franklin HS	Atkinson, Pierre, Cummings, Kroushi	D-1 State Meet/RLC	2017
.1:44.78 n	Lexington HS	Foley, Banks, Cox, Solomon	New England HS Meet/RLC	2016
.1:44.79 n	Falmouth HS	Sangster, Williams, Sbarra, Watson	NSIC/RLC	1995
.1:44.8 n +	Falmouth HS	Bissonnette, Gifford, Robinson, Hennemuth	NEAAU Meet/Harvard	1978
.1:44.82 n	Lowell HS	Vergados, Jean, Lewis, Pagan	New England HS Meet/RLC	2107
.1:44.88	Randolph HS	unknown	D-1 State Meet/Harvard	1987
.1:44.91 n	North Attleborough HS	C.Ibrahim, V.Ibrahim, Hawkins, Collins	State Meet/RLC	2019
.1:44.94 n	Hingham HS	Cundari, Engyke, Freda, Irvin	NBIN EE/Armory, NYC	2014
.1:44.96 n	Plymouth North HS	Driscoll, Hatch, Hart, Tavekelian	NBIN EE/Armory, NYC	2018
.1:44.97 n	Wachusett Reg. HS-Holden	Witt, Burnes, Rotti, Staffon	NBIN EE/Armory, NYC	2016
.1:43.49 n	Wellesley HS	Winkelman, Parker, A.Jordhal-Henry, Isley	NBIN/Armory, NYC	2016
.1:44.98	Cambridge Rindge & Latin HS	Bernard, Cronin, Presume, Fisher	State Meet/RLC	2013
.1:45.0 h	Acton-Boxboro Reg. HS	unknown	State Relays/BU	1982
.1:45.03 n	Lexington HS	unknown	Eastern Champs/Harvard	1986
.1:45.07 n	Framingham HS	Ball, Bishop, Desmaris, Lombardo	D-1 State Meet/RLC	2023
.1:45.08 n	Mansfield HS	Corkery, Mangano, Briss-Cass, Harrison	New England HS Meet/RLC	2017
.1:45.08 n	Wachusett Reg. HS-Holden	Santana, O'Connell, Vernon, Steffon	New England HS Meet/RLC	2017
.1:45.12 n	North Attleborough HS	C.Ibrahim, V.Ibrahim, Labonte, Wetherbee	State Meet/RLC	2018
.1:45.14 n	Notre Dame Acad.-Hingham	D-Mare, Reilly, Sulani, Kenyon	New England HS Meet/RLC	2013

ALL-TIME INDOOR PERFORMANCES

4 x 400m RELAY				
c = 160y track) (+) = 4x440 yards				
Perf.	High School	Team Composition	Meet	Year
.3:52.1 +	Falmouth HS	Hennemuth, Forman, Robinson, Dufresne	USCGA Open/New Lond,CT	1976
.3:53.14 +	Brookline HS	Hullum, Riley, Larts, Underwood	Class A State Meet/Harvard	1982
.3:53.27	Wellesley HS	Comella, Freniere, A.Jordahl-Henry, Kennedy	New England HS Meet/RLC	2018
.3:52.96 n	Marshfield HS	H. Catarius, ?, M.Caterius, Hubbard	NSIC/Armory, NYC	2004
.3:55.1 h+	Falmouth HS	Hennemuth, Forman, Robinson, Dufresne	Dartmouth Relays (Sat)/NH,	1976
.3:55.48 n	Andover HS	Lansberry, Dunn, Kennedy, Joel	New England HS Meet/RLC	2018
.3:55.89	Newton North HS	Gillis, Bennett, Bellarose, Forbes	State Meet/RLC	2011
.3:56.12	Lexington HS	Gors, Manikas-Hill, Soloman, Isern	New England HS Meet/RLC	2013
.3:56.77	Newton North HS	Bellarose, Nadeau, Reilly, Forbes	State Meet/RLC	2012
.3:56.81	Wachusett Reg. HS-Holden	Leahy, Collins, Fagade, Williamson	Nike Ind. Natls./RLC	2001
.3:56.8 h	North Quincy HS	Donovan, MK.Kennedy, Lindenfelzer, L.Kenney	Class A State Relays/BU	1981
.3:56.8 h+	West Roxbury HS	unknown	D-2 State/Harvard	1984
.3:57.00	Lexington HS	Cox, Smith, Foley, Solomon	New England HS Meet/RLC	2016
.3:57.05 n	Shepherd Hill Reg-Dudley	Sullivan, James, Norton, Marsh	New England HS Meet/RLC	2018
.3:57.12 n	Pembroke HS	Stoye, Coate, Ng, Scanlan	State Meet/RLC	2011
.3:57.25	Wellesley HS	Gieger, Comella, Freniere, A.Jordhal-Henry	State Meet/RLC	2019
.3:57.29 n	Wachusett Reg. HS-Holden	Dowd, Cook, Willaimson, Collins	State Meet/RLC	2012
.3:57.41 n	Andover HS	Bishop, Torres, Ebarth, Puccia	NBIN/Armory, NYC	2011
.3:57.45 n	Franklin HS	Vendetti, Carlucci, Cleary, Buinski	NSIC/RLC	1998
.3:57.65 n	Mansfield HS	Whitman, Stier, Rowe, Crawford	New England HS Meet/RLC	2016
.3:58.00 nc+	Falmouth HS	Hennemuth, Forman, Robinson, Dufresne	USA Senior Natls./MSG, NYC	1975
.3:58.01 n	Milton HS	C.O'Leary, Belash, Cousineau, E.O'Leary	New England HS Meet/RLC	2106
.3:58.31 n	Andover HS	Singleton, Pettoruto, Cody, Shannon	NSIC/Armory, NYC	2008
.3:58.5 h	North Quincy HS	unknown	Class A State Relays/BU	1982
.3:58.65 n	Mansfield HS	Oldow, Goulet, Stier, Amerantes	State Meet/RLC	2014
.3:58.73 n	Shepherd Hill Reg-Dudley	Marsh, James, Gunsalus, Sullivan	New England HS Meet/RLC	2019
.3:58.75	Tewksbury Memorial HS	Bridle, Tucker, Greene, Toland	New England HS Meet/RLC	2010
.3:58.75 n	Mansfield HS	Oldow, Goulet, Stier, Amerantes	D-2 State Relays/RLC	2015
.3:58.95 n	Hopkinton HS	unknown	NSIC/Armory, NYC	2000
.3:58.99 n	Newton North HS	unknown	New England HS Meet/RLC	2004
.3:59.01	Ipswich-Georgetown Reg. HS	unknown	New England HS Meet/RLC	2002
.3:59.17 n	Hingham HS	Kickey, Sullivan, Freda, Irvin	New England HS Meet/RLC	2014
.3:59.18 n	Acton-Boxboro Reg. HS	Faubert, Brew, Conway, Jarostchuk	NBIN/Armory, NYC	2012
.3:59.24 n	Lexington HS	Cox, Lang, Manickas-Hill, Solomon	State Meet/RLC	2014
.3:58.28	Lincoln-Sudbury Reg. HS	Mephram, Griffin, Binder, Jamison	Class A State Relays/BU	2008
.3:59.36	Lincoln-Sudbury Reg. HS	Reedy, Crowe, Action, A.Keklak	DCL Champs/RLC	2011
.3:59.41 n	Woburn HS	Palmisano, Hurley, Long, Leydon	NBIN/Armory, NYC	2017
.3:59.63 n	Ursuline Acad.-Dedham	Wolfe, Baryluk, Wright, Piccolo	New England HS Meet/RLC	2013
.3:59.64 n	Lexington HS	Cox, Foley, Solomon, Lang	NBIN/Armory, NYC	2015
.3:59.65 n	Northampton HS	Pascucci, Hopkins, Larson, Toffoli	New England HS Meet/RLC	2011
.3:59.71 n	King Philip Reg.-Wrentham	McNeil, Wagner, Bender, Weir	New England HS Meet/RLC	2015
.3:59.73 n	Ursuline Acad.-Dedham	Baryluk, Kelley, Wright, Piccolo	NBIN EE/Armory, NYC	2014
.3:59.79	Hingham HS	Freda, Linscott, Hewins, Irvin	D-3 State Relays/RLC	2015
.3:59.83 n	Hopkinton HS	Giodamo, Mastroianni, Hasbrook, Halloran	NBIN/Armory, NYC	2017
.3:59.86 n	Marblehead HS	Kingsley, McGuick, Keroack, Bitterman	NSIC/Armory, NYC	1986
.4:00.05	Newton North HS	Bellarose, Gabrangno, Fitzgerald, Nadeau	D-1 State Relays/RLC	2013
.4:00.08	Seekonk HS	unknown	Eastern Champs/Harvard	2010
.4:00.14 +	Falmouth HS	Sangster, Williams, Watson, Sbarra	State Meet/Harvard	1995
.4:00.22 n	Lincoln-Sudbury Reg. HS	Bissonn, Malone, O'Brien, Babick	New England HS Meet/RLC	2016
.4:00.30 n	Mansfield HS	Bjorkman, Jones, Oldow, Amerantes	State Meet/RLC	2013

ALL-TIME INDOOR PERFORMANCES

4 x 800m RELAY				
(+) run at 4x880y				
Perf.	High School	Team Composition	Meet	Year
.8:58.63 n	Newton South HS	Ryan-Davis, O'Keefe, Fineman, Dahlberg	Nike Ind. Natls./RLC	2009
.9:05.95 n	Lincoln-Sudbury Reg. HS	Malone, Kerrigan, Babick, Ar.Keklak	NBIN/Armory, NYC	2016
.9:07.09 n	Lincoln-Sudbury Reg. HS	Malone, Kerrigan, Babick, Ar.Keklak	NBIN/Armory, NYC	2015
.9:07.49 n	Milton HS	Belash, Cousineau, C.O'Leary, E.O'Leary	NBIN/Armory, NYC	2016
.9:07.61 n	Lincoln-Sudbury Reg. HS	Arthur, Griffin, Hylton. An.Keklak	Nike Ind. Natls./RLC	2009
.9:11.79 n	Lincoln-Sudbury Reg. HS	Mepham, Griffin, Binder, Jamison	NSIC/Armory, NYC	2007
.9:13.72	Lincoln-Sudbury Reg. HS	Ready, Crowe, Action, An.Keklak	New England HS Meet/RLC	2011
.9:14.37	Bromfield School-Harvard	Rosato, Yanikoski, Morse, Lambie	Nike Ind. Natls./Landover, MD	2002
.9:14.59 n	Brookline HS	Seeger, LeFavre, Liss-Riordan, Jordan	NBIN/THE TRACK, Boston	2023
.9:15.14 n	Franklin HS	Kartnett, Fenerty, Doherty, Clermont	New England HS Meet/RLC	2017
.9:15.21 n	Newton South HS	Bulczynski, Jenks, Collins, Martin	New England HS Meet/RLC	2017
.9:15.48 n	Wachusett Reg. HS-Holden	Collins, Sands, Williamson, Carlson	New England HS Meet/RLC	2011
.9:16.27 n	Newton South HS	Ryan-Davis, Braver, Frieze, Dahlberg	NSIC/Armory, NYC	2008
.9:16.51	Lincoln-Sudbury Reg. HS	Acton, Arthur, Crowe, An. Keklak	New England HS Meet/RLC	2010
.9:16.57	Lincoln-Sudbury Reg. HS	Jamison, Mepham, Gridden, Binder	MSCTA MacRelays/RLC	2008
.9:17.47 n	Lincoln-Sudbury Reg. HS	Acton, Kohler, Bisson, Crowe	NBIN/Armory, NYC	2012
.9:18.17 n	Bromfield School-Harvard	Rosato, Yanikoski, Morse, Lambie	NBIN/Armory, NYC	2001
.9:19.90	Newton South HS	Bulczynski ,Everett, Malone, Jenks,	State Meet/RLC	2020
.9:19.93 n	Boston Latin School	Abdow, Ahearn, Tassinari, Jackson	New England HS Meet/RLC	2019
.9:20.10	Lincoln-Sudbury Reg. HS	Acton, Ridder, Crowe, An. Keklak	State Meet/RLC	2011
.9:20.12 n	Newton South HS	Collins, Grusby,Barry, Martin	State Meet/RLC	2016
.9:21.08 n	Franklin HS	McCarthy, Vendetti, Caulfield, Caulfield	NSIC/RLC	1998
.9:21.19 n	Narragansett Reg.-Baldwinville	Chartier, A. Capps, R. Capps, Webb	New England HS Meet/RLC	2013
.9:21.37 n	Billerica Memorial HS	Maffeo, Doherty, D.Anderson, N.Anderson	New England HS Meet/RLC	2019
.9:22.00 n	Wachusett Reg. HS-Holden	unknown	NSIC/RLC	1998
.9:22.21 n	Franklin HS	Giese, Hagan, C.Knous, K.Knous	New England HS Meet/RLC	2012
.9:22.65 n	Walpole HS	Costa, St.George, DiMartinis, McGrath	New England HS Meet/RLC	2019
.9:22.7 +	Seekonk HS	Grinshaw, ? ? ?	D-2 State/Harvard	1980
.9:22.91 n	Needham HS	Cullen, Hughes, Lemer, Armstrong	New England HS Meet/RLC	2014
.9:23.32 n	Franklin HS	Carlucci, Cleary, Buinski, Vendetti	NSIC/RLC	1997
.9:23.87 n	Lincoln-Sudbury Reg. HS	Garrett, knight, Pistorio, DeFreitas	State Meet/RLC	2019
.9:24.17 n	Whitman-Hanson Reg. HS	Cacciatore, Colette, A.Baker, R.Baker	New England HS Meet/RLC	2013
.9:24.17 n	Newton South HS	Fraser, Marple, Jenks, Bulczynski	NBIN/Armory, NYC	2018
.9:24.35 n	Hopkinton HS	Monks, Aarden, Giordano,Hazzard	New England HS Meet/RLC	2105
.9:24.91 n	Bishop Feehan HS-Attleboro	Thomas, Powell, Murphy, Arsenault	New England HS Meet/RLC	2010
.9:25.47 n	Hamilton-Wenham Reg. HS	Weigand, Horgan, Blatchford, Senning	New England HS Meet/RLC	2012
.9:25.68 n	North Andover HS	Dalke, K.Dion, A.Dion, Callahan	State Meet/RLC	2019
.9:25.78 n	Weymouth HS	Connolly, Corcoran, Kimball, Bennett	New England HS Meet/RLC	2008
.9:25.87 n	Franklin HS	Vendetti, Cleary, Buincki, Carlucci	NSIC/RLC	1996
.9:26.19	Dracut HS	Colfer, Chapman,J. Shepherd, K.Shepherd	State Meet/RLC	2014
.9:26.95 n	Lexington HS	Manikas-Hill, Pion, Wolf, Lang	State Meet/RLC	2015
.9:27.08	Natick HS	Forde, G.Connolly, K.Connolly, Edwards	D-2 State Relays/RLC	2018
.9:27.20	Brookline HS	LeFavre, Warner, Seeger, Jordan	MIAA Meet of Champions, RLC	2022
.9:27.3 h	Winchester HS	Glynn ? ? ?	Class B State Relays/BU	1982
.9:27.37 n	Franklin HS	Clermont, Hartnett, Fenerty, Clifford	State Meet/RLC	2018
.9:27.40 n	Marshfield HS	Conon, LoVuolo, Hume, Henning	State Meet/RLC	2020
.9:27.44 n	Natick HS	Edwards, Fleming, Forde, Frail	New England HS Meet/RLC	2019
.9:27.50	Wachusett Reg. HS-Holden	unknown	New England HS Meet/RLC	1999
.9:27.57 n	Needham HS	Keene, Stevens, Mattaz, Oberle	NBIN/Armory, NYC	2018
.9:27.73 n	Franklin HS	Knous, Geise, Cole, Hagan	New England HS Meet/RLC	2010

ALL-TIME INDOOR PERFORMANCES

SPRINT MEDLEY RELAY		Order: 800-200-200-400		
Perf.	High School	Team Composition	Meet	Year
.4:05.42 n	Hopkinton HS	Giordano, Mastroianni, Donnolly, Halloran	NBIN/Armory, NYC	2017
.4:05.47 n	Newton South HS	Sanderson, Banks, Fineman, O'Keefe	Nike Ind. Natls./RLC	2010
.4:05.52 n	Wachusett Reg. HS-Holden	Dowd, Cook, Collins, Williamson	NBIN/Armory, NYC	2012
.4:06.45 n	Concord-Carlisle Reg. HS	Koontz, Burdas, Reiling, Reichheld	NBIN/Armory, NYC	2015
.4:06.51 n	Lexington HS	Foley, Cox, Solomon, Lang	NBIN/Armory, NYC	2015
.4:06.6 h	Brookline HS	Underwood, Hullum, Riley, Larts	Class A State Relays/BU	1980
.4:07.6 h	Needham HS	Connolly, ? ? ?	Class A State Relays/BU	1982
.4:07.6 n	Newton South HS	Kaufman, Sanchez, Ranti, Gillis	Nike Ind. Natls./RLC	2009
.4:07.9 h	Reading Memorial HS	Sanders, ? ? ?	Class B State Relays/BU	1982
.4:08.33 n	Cambridge Rindge & Latin HS	Halprin-Adams, Fisher, Asprilla, Duncan	NBIN/Armory, NYC	2015
.4:08.55	Wachusett Reg. HS-Holden	Gobi, Ricciardi, Burner, Owusu	D-1 State Relays/RLC	2014
.4:08.92 n	Lowell HS	unknown	D-1 State Relays/RLC	2014
.4:09.07	Cambridge Rindge & Latin HS	Bernard, Cronin, Presume, Halprin-Adams	NBIN/Armory, NYC	2013
.4:09.1 h	Stoneham HS	Seabury, ? ? ?	Class A State Relays/BU	1987
.4:09.15	Needham HS	Armstrong, Stevens, Pasqucci, Cullen	D-2 State Relays/RLC	2016
.4:09.37 n	Newton South HS	Lazare, Fukumura, Walkes, Martin	NBIN/Armory, NYC	2015
.4:09.44	Plymouth North HS	Sullivan Tavekelian, Haley, Strohschneider	NBIN/Armory, NYC	2016
.4:09.48	Milton HS	C.O'Leary, Daley, E.O'Leary, Mitchell	MSTCA Special Qualfier/RLC	2017
.4:09.57 n	Tewksbury Memorial HS	Greene, Toland, Bridle, Tucker	NSIC/Armory, NYC	2010
.4:09.65 n	Newton South HS	O'Keefe, Rhatigan, Friedman, Chaparale	NBIN/Armory, NYC	2011
.4:09.68	Milton HS	E.O'Leary, Daley, Dillon, Cousineau	NB Grand Prix Special/RLC	2018
.4:09.69	Tewksbury Memorial HS	Barron, Constantino, Jensen, Paige	D-3 State Relays/RLC	2020
.4:09.70 n	Andover HS	Kennedy, Lansberry, Bennett, Brbanti	NB Grand Prix Special/RLC	2018
INTL SPRINT MEDLEY RELAY		Order: 200-200-400-800		began in 2019
.4:06.01 n	Wellesley HS	A.Commella, Lothian, J	NBIN/Armory, NYC	2022
.4:06.39 n	Billerica Memorial HS	Maffeo, DiManche, Murphy, N.Anderson	NBIN/Armory, NYC	2019
.4:06.75 n	Newton South	Jolly, Woo, Bulczynski, Everett	Nike Natls, Ocean Breeze, NY	2002
.4:07.97 n	Wachusett Reg. HS-Holden	Santana, LaRose, Giwa, Witt	NBIN/THE TRACK, Boston	2023
.4:09.64	Framingham HS	Ball, Bishop, Desmaris, Lamakina	NBIN/THE TRACK, Boston	2023
.4:09.76 n	Newton South HS	Jolly, Zong, Johnson, Everett	NBIN/THE TRACK, Boston	2023
.4:14.40 n	Norton HS	Strynar, Owens, Murphy, Podleski	NBIN/THE TRACK, Boston	2023
.4:15.39 n	Peabody Memorial HS	Vargas, Simmons, Batista, DiVasta	NBIN/THE TRACK, Boston	2023
.4:15.46 n	Brookline HS	Smith, Zierten-Singleton, Leschly, Jordan	MSTCA D-1 Relays/RLC	2023
.4:17.28 n	Holliston HS	Jung, Quealu, Lynch, Luisi	NBIN/THE TRACK, Boston	2023
.4:17.79 n	Shepherd Hill Reg-Dudley	James, Gunsalus, Marsh, Sullivan	NBIN/Armory, NYC	2019
.4:23.61 n	Lunenburg HS	Stanford, King, Arnold, Rodriguez	NBIN/THE TRACK, Boston	2023

ALL-TIME INDOOR PERFORMANCES

DISTANCE MEDLEY RELAY				
Perf.	High School	* run at yards/Harvard Team Composition	1200-400-800-1600 Meet	Year
.11:42.03 n	Lincoln-Sudbury Reg. HS	Babick, O'Brien, Malone, Ar.Keklak	NBIN/Armory, NYC	2016
.11:43.96 n	Newton South HS	Martin, Walkes, Bluczynski, Brusby	NBIN/Armory, NYC	2016
.11:45.63 n	Natick HS	K.Connolly, Frail, Edwards, G.Connolly	NBIN/Armory, NYC	2019
.11:51.47	Lincoln-Sudbury Reg. HS	Crowe, Acton, Rudder, An.Keklak	Yale Classic/New Haven, CT	2011
.11:55.88 n	Milton HS	C.O'Leary, Cousinsau, E.O'Leary, Mitchell	NBIN/Armory, NYC	2017
.12:02.92 *	North Quincy HS	Donovan, McCarthy, Barrett, L.Kennedy	MSTCA Sp. Easterns/Harvard	1982
.12:09.61 n	Wellesley HS	Ulian, Freniere, Mohan, Donahue	NBIN/Armory, NYC	2019
.12:10.92	Needham HS	Armstrong, Stevens, Pasqucci, Cullen	D-2 State Relays/RLC	2016
.12:12.43	Franklin HS	unknown	MSTCA McIntrye Relays/RLC	2004
.12:13.34 n	Concord-Carlisle Reg. HS	Wilson, Reiling, Nickerson, Ehrenthal	NBIN/Armory, NYC	2016
.12:14.68 n	Newton South HS	Aquilar,Huth, Martin, Grusby	NBIN/Armory, NYC	2014
.12:15.29 n	Newton South HS	Martin, Walkes, Bluczynski, Brusby	NBIN/Armory, NYC	2015
.12:16.35	Wachusett Reg HS-Holden	Sands, Dowd, Collins, Williamson	MSTCA Elite Meet/RLC	2011
.12:19.43 n	Whitman-Hanson Reg HS.	Cacciatore, Collins, A.Baker, R.Baker	MSTCA Elite Meet/RLC	2011
.12:19.56	Franklin HS	Hagan, Price, Knous, Giese	D-1 State Relays/RLC	2012
.12:19.71 n	Beverly HS	unknown	D-2 State Relays/RLC	2016
.12:19.73 n	Wakefield HS	unknown	Nat.Sch. Track/RLC	1999
.12:20.00	Bishop Feehan HS-Attleboro	Harun, Hannon, K.McNulty, A.McNulty	D-3 State Relays/RLC	2013
.12:20.04	Peabody Veteran's HS	Roache, MacClean, ? ?	D-1 State Relays/RLC	2013
.12:21.68 n	Peabody Veteran's HS	unknown	D-1 State Relays/RLC	2012
.12:21.86 n	Stoneham HS	Seabury, ? ? ?	Eastern HS Meet/Harvard	1987
.12:22.60 n	Littleton HS	K.Roffman, Sawosik, Hartzel, S.Roffman	Dartmouth Relays/Hanv.NH	2018
.12:23.50 n	Cambridge Rindge & Latin HS	unknown	D-1 State Relays/RLC	2002
.12:23.88 n	Weymouth HS	Connolly Bell, Kimball, Corcoran	Nike Ind. Natls./RLC	2009
.12:24.80	Haverhill HS	Raccine, Morel, Mortimer, McNaughton	MSTCA McIntrye Relays/RLC	2006
.12:25.27	Bishop Feehan HS-Attleboro	Harum, Santoro, Hannon, A.McNulty	D-3 State Relays/RLC	2014
.12:25.41 n	Littleton HS	K.Roffman, Formichella, Hartzel, S.Roffman	NBIN/Armory, NYC	2017
.12:26.03 n	Wachusett Reg HS-Holden	Williamson, Dowd, Collins, Sands	NBIN/Armory, NYC	2012
.12:26.06	Acton-Boxborough Reg. HS	Callahan, McInemy, Latham, Sullivan	D-1 State Relays/RLC	2023
.12:26.17	Bromfield School-Harvard	Ives, Darden, Dunn, Jones	D-3 State Relays/RLC	2007
.12:26.8 nh	Lexington HS	unknown	D-1 State Relays/RLC	2002
.12:27.61 n	Hopkinton HS	Aarden, Velazquez, Giordano, Hazzard	NBIN/Armory, NYC	2015
.12:27.77	Newton South HS	Ryan-Davis, Frieze, Fineman, Dahlberg	D-1 State Relays/RLC	2009
.12:28.17	Needham HS	Armstrong, Stevens, Pasqucci, Cullen	D-2 State Relays/RLC	2015
.12:28.41 n	Hopkinton HS	Lodge, Jarvis, Aarden, Mills	NBIN/Armory, NYC	2012
.12:28.55 n	Pentucket Reg. HS-W.Newbury	O'Brian, Grim, Babeau, Poretta	Nike Ind. Natls./RLC	2009
.12:28.98 n	Weston HS	Pol, Rigobon, Walmsley, Brackett	MSTCA Elite Meet/RLC	2011
.12:29.17	Billerica Memorial HS	Burdick, Phelan, Bailat, McElhinney	D-3 State Relays/RLC	2023
.12:29.44	Lincoln-Sudbury Reg. HS	unknown	D-1 State Relays/RLC	2008
.12:29.75 n	Franklin HS	Ross, Knous, Hagan, Giese	MSTCA Elite Meet/RLC	2011
.12:29.98 n	Falmouth HS	Gohring, Williams, Schnieder, Majka	Nat. Sch. Track/Syracuse, NY	1994
.12:30.06 n	Hingham HS	Lussier, D.McNiff, O'Neil, S.McNiff	Nike Ind. Natls./RLC	2009
.12:30.09 n	Stoneham HS	unknown	MSTCA McIntrye Relays/RLC	1999
.12:30.15 n	Woburn HS	Galvin, Long, Leydon, Hurley	Yale Classic/New Haven, CT	2018
.12:30.45	Beverly HS	Chapman, Manzi, Marciano, Adler	MSTCA McIntrye Relays/RLC	2010
.12:30.68	Brookline HS	LaFavre, Warner, Seeger, Jordan	D-1 State Relays/RLC	2022
.12:30.84 n	Newton South HS	unknown	Nat.Sch. Track/RLC	2000
.12:30.87 n	Brookline HS	unknown	Nike Ind. Natls./RLC	1998
.12:31.13 n	Notre Dame Acad.-Hingham	Harrington, Silari, Baker, Constantino	D-3 State Relays/RLC	2015

ALL-TIME INDOOR PERFORMANCES

4x1600m / 4x 1 MILE RELAY		* run at yards/Harvard		
Perf.	High School	Team Composition	Meet	Year
.20:25.90	Newton South HS	Karys, O'Keefe, Fineman, Dahlberg	Nike Ind. Natls./RLC	2009
.20:41.08 n	Milton HS	E.O'Leary, Affanto, C.O'Leary, Mitchell	NBIN/Armory, NYC	2017
.20:41.5 hy*	North Quincy HS	M.Kennedy, Barrett, L.Kennedy, McCarthy	MSTCA Sp. Easterns/Harvard	1982
.20:48.43 n	Bishop Feehan HS-Attleboro	Thomas, Arsenault, Hanley, Murphy	Nike Ind. Natls./RLC	2010
.20:52.48 n	Newton South HS	Ryan-Davis, Frieze, Braver, Dahlberg	Nat. Sch. Track/Armory, NYC	2008
.20:59.40 n	Newton South HS	Jenks, Collins, Bluczynski, Barry	NBIN/Armory, NYC	2017
.21:04.59 n	Concord-Carlisle Reg. HS	Kerimo, Su, Laurent, Reichheld	NBIN/Armory, NYC	2018
.21:09.1 hny*	Waltham HS	unknown	MSTCA Sp. Easterns/Harvard	1982
.21:14.20 n	Brookline HS	Liss-Riordan, Werner, Seeger, Jordan	NBIN/THE TRACK, Boston	2023
.21:17.95 n	Newton South HS	Grusby, Collinis, Barry, Martin	NBIN/Armory, NYC	2016
.21:23.06 n	Lincoln-Sudbury Reg. HS	Knightly, Garrett, Pistorino, DeFreitas	NBIN/Armory, NYC	2019
.21:30.02 n	Lowell HS	Allison, L.Richards, Donovan, K.Richards	NBIN/Armory, NYC	2013
.21:34.00 n	Bishop Feehan HS-Attleboro	Hannon, Cutillo, Carmody, Long	NBIN/Armory, NYC	2015
.21:36.36 n	Weston HS	Brackett, Pohl, Walmsley, Wessenyeh	NBIN/Armory, NYC	2012
.21:38.99 n	Hopkinton HS	Aarden, Cavanaugh, Monks, Hazzard	NBIN/Armory, NYC	2014
.21:40.86 n	Concord-Carlisle Reg. HS	Johnson, Reichheld, Su, Kerimo	NBIN/Armory, NYC	2019
.21:51.79 n	Hopkinton HS	Lodge, Anderson, Bolick, Mills	Nat. Sch. Track/Armory, NYC	2010
.21:53.84 n	Notre Dame Acad.-Hingham	Costantino, Baker, Coyne, Harrington	NBIN/Armory, NYC	2015
.21:56.47 n	Hopkinton HS	Jones, Stillwel, Field, Gooley	NBIN/Armory, NYC	2019
.21:57.46 n	Lowell HS	K.Richrds, M.Richards, A.Richards, Laug	NBIN/Armory, NYC	2014
.21:58.0 hny*	Falmouth HS	Rush, Foley, Callahan, Cullinane	MSTCA Sp. Easterns/Harvard	1982
.21:59.8 hny*	Weymouth HS	unknown	MSTCA Sp. Easterns/Harvard	1982
.22:01.11 n	Attleboro HS	unknown	Nat. Sch. Track/Armory, NYC	2003
.22:04.0 hny*	Billerica Memorial HS	unknown	MSTCA Sp. Easterns/Harvard	1982
.22:17.82 n	Newton South HS	Aguilar, Chaparala, Caggiano, Rhatigan	NBIN/Armory, NYC	2012
.22:25.74 n	Franklin HS	unknown	NBIN/Armory, NYC	2004
.22:25.74 n	Bishop Feehan HS-Attleboro	unknown	NBIN/Armory, NYC	2003
.22:55.89 n	Marblehead HS	Heskett, Tubridy, Piela, Kaufman	Nat.Sch. Track/RLC	2010

ALL-TIME INDOOR PERFORMANCES

PENTATHLON (w/55m Hurdles)				
Perf.	Athlete	High School	Meet	Year
3754	Kate Sherman	Dennis-Yarmouth Reg HS	MSTCA Pent/RLC	2004
3714 n	Tiana Riel	Hopkinton HS	MSTCA Pent/RLC	2004
3672 n	Priscilla Trojano	Coyle-Cassidy HS-Taunton	MSTCA Pent/RLC	2007
3423	Lauren Polimeno	Tewksbury Memorial HS	MSTCA Pent/RLC	2017
3416	Jada Johnson	Sharon HS	MSTCA Pent/RLC	2020
3369 n	Emma Phelps	Westborough HS	MSTCA Pent/RLC	2020
3362	Anoush Krafian	Belmont HS	MSTCA Pent/RLC	2018
3361 n	Brooklyn Manna	Woburn HS	MSTCA Pent/RLC	2020
3312	Maria Garmen	Scituate HS	MSTCA Pent/RLC	2000
3304	Allison Mahan	Norwood HS	MA Pent/Harvard	2008
3301	Emily Rubio	Pentucket Reg HS-W.Newb	MSTCA Pent/RLC	2022
3265	Nyrah Josphe	Billerica Memorial HS	MSTCA Pent/RLC	2023
3252 n	Kelsey Sullivan	Marshfield HS	MSTCA Pent/RLC	2004
3244 n	Sarah Dumas	Franklin HS	MSTCA Pent/RLC	2023
3236	Ava Vasile	Medway HS	MSTCA Pent/RLC	2019
3232	Pam Connell	Norwell HS	NSIC Pent/Syracuse, NY	2003
3227	Jennifer Kimball	Weymouth HS	MSTCA Pent/RLC	2013
3229 n	Saige Tudisco	Pentucket Reg HS-W.Newb	MSTCA Pent/RLC	2018
3227 n	Sara James	Wachusett Reg. HS-Holden	MSTCA Pent/RLC	2018
3219 n	Jessica Forter	Andover HS	MSTCA Pent/RLC	2004
3217	Aquilla Judge	Scituate HS	MSTCA Pent/RLC	2002
3208 n	Andrea Jacobs	Waltham HS	MSTCA Pent/RLC	2015
3204 n	Katie Kiladis	Framingham HS	NSIC Pent/Syracuse, NY	1994
3198 n	Leanne Supple	Hingham HS	Dartmouth Relays/Han. NH	1981
3208	Megan Frazee	Westford Academy	MSTCA Pent/RLC	2022
3196	Amy Collins	Wachusett Reg. HS-Holden	MSTCA Pent/RLC	2013
3191	Kelly McCabe	Mansfield HS	MSTCA Pent/RLC	2009
3184 n	Caitlyn Halloran	Hopkinton HS	MSTCA Pent/RLC	2017
3158 n	Christina Regan	Needham HS	NSIC/RLC	2007
3158	Carly McNary	Coyle-Cassidy HS-Taunton	MSTCA Pent/RLC	2004
3149	Grace Desmond	Westborough HS	MSTCA Pent/RLC	2019
3113 n	Roxanne Bolton	Falmouth HS	MA Pent/Harvard	2009
3105 n	Maddie Sessler	Plymouth South HS	MSTCA Pent/RLC	2017
3105 n	Caitlin Sardelis	Apponquet Reg.-Lakeville	MSTCA Pent/RLC	2018
3103 n	Deb Ahern	Burlington HS	MA Pent/Harvard	2014
3099 n	Nicole Parker	Dighton-Rehoboth Reg. HS	NSIC/Armory, NYC	2015
3099 n	Lindsay Marjanski	South Hadley HS	MSTCA Pent/RLC	2019
3090 n	Antionette Touissant	Somerville HS	NSIC/Armory, NYC	2000
3084 n	Tyler Orlandella	Beverly HS	MSTCA Pent/RLC	2018
3080 n	Wittly Jordan	Somerville HS	MSTCA Pent/RLC	2007
3080 n	Emily Clark	Weymouth HS	MSTCA Pent/RLC	2004
3078 n	Madeline Outman	Newton South HS	MSTCA Pent/RLC	2014
3077 n	Rachel Smith	Reading HS	MSTCA Pent/RLC	2003
3072 n	Ryan Shean	Medfield HS	MSTCA Pent/RLC	2010
3068 n	Jackie Imhoff	Milton HS	MSTCA Pent/RLC	2012
3056 n	Jayci Andrews	Plymouth South HS	MSTCA Pent/RLC	2002
3053 n	Aquilla Judge	Scituate HS	NSIC/Armory, NYC	2000
3037 n	Mackenzie Condon	Martha's Vineyard-Oak Blfs	MSTCA Pent/RLC	2019
3022 n	Kristen O'Connor	Beverly HS	MSTCA Pent/RLC	2004
3022 n	Emma Sanford	South Hadley HS	MSTCA Pent/RLC	2022

ALL-TIME INDOOR PERFORMANCES

PENTATHLON INTERNATIONAL		60mH-LJ-HJ-SP-800m		
Perf.	Athlete	High School	Meet	Year
3735 n	Jada Johnson	Sharon HS	NBIN/Armory, NYC	2019
3717 n	Kate Sherman	Dennis-Yarmouth Reg HS	NSIC/Armory, NYC	2004
3673 n	Tiana Riel	Hopkinton HS	NSIC/Armory, NYC	2004
3392 n	Anoush Krafian	Belmont HS	NBIN/Armory, NYC	2018
3328 n	Kelsey Sullivan	Marshfield HS	NBIN/Armory, NYC	2014
3298 n	Jenn Britz	Hopkinton HS	NSIC/Syracuse, NY	1995
3281 n	Priscilla Trojano	Coyle-Cassidy HS-Taunton	NSIC/Armory, NYC	2007
3275 n	Sarah Dumas	Franklin HS	NBIN/THE TRACK, Boston	2023
3255 n	Carly McNary	Coyle-Cassidy HS-Taunton	NSIC/Armory, NYC	2004
3235 n	Kelly McCabe	Mansfield HS	Nike Ind. Natls./RLC	2009
3234 n	Maria Garmen	Scituate HS	NBIN/Armory, NYC	2015
3215 n	Saige Tudisco	Pentucket Reg HS-W.Newb	NBIN/Armory, NYC	2018
3212 n	Megan Frazee	Westford Academy	NBIN/Armory, NYC	2022
3178 n	Emily Rubio	Pentucket Reg HS-W.Newb	NBIN/Armory, NYC	2022
3171 n	Emma Sanford	South Hadley HS	NBIN/THE TRACK, Boston	2023
3164 n	Madeline Outman	Newton South HS	NSIC/Armory, NYC	2004
3078 n	Katie Hoppe	Hopkinton HS	NSIC/Armory, NYC	2004
3006 n	Ryan Shean	Medfield HS	NSIC/RLC	1997
2994 n	Michelle Savoie	Milford HS	NBIN/Armory, NYC	2012
2982 n	Katy Henderson	Hopkinton HS	NBIN/Armory, NYC	2004
2963 n	Jessica Salley	Andover HS	Nike Ind. Natls./RLC	2010
2682 n	Rebecc Holt	Amerbury HS	NSIC/Syracuse, NY	1995
2595 n	Jess Curran	Hopkinton HS	NSIC/Armory, NYC	2003
2567 n	Rosie Forster	Andover HS	Nike Ind. Natls./RLC	2010

ALL-TIME INDOOR PERFORMANCES

POLE VAULT				
Perf.	Athlete	High School	Meet	Year
13' 04.25"	Samantha Shephard	Weston HS	NSIC/Armory, NYC	2002
13' 03.5"	Shephard		NSIC/Armory, NYC	2001
13' 01"	Molly Lederman	New Jewish HS-Waltham	Brandeis Inv./Waltham	2001
13' 00.5"	Lederman		Brown Dev./Prov. RI	2000
13' 00.25" n	Shephard		US Senior Natls/Atlanta, GA	2000
13' 00.25"	Anna McFralane	Concord-Carlisle Reg. HS	Wheaton Inv/Norton	2003
12' 08.75 n	Casey Teska	Nashoba Reg. HS-Bolton	NBIN/Armory, NYC	2012
12' 07.5"	Ashely Nolet	Lowell HS	BU Open Meet/BU	2003
12' 05.25" n	Kristin Bakanowski	Algonquin Reg.-Northboro	NSIC/Armory, NYC	2004
12' 04.75" n	Julie Valenti	North Reading HS	NBIN/Armory, NYC	2015
12' 00" n	Melissa Feinstein	Weston HS	Natl. Sch. Champs/RLC	1997
12' 00"	Melinda Haagensen	Westborough HS	Last Chance Meet/BU	2023
11' 08" n	Emily Hickey	Austin Prep HS-Reading	GBTC Meet/Harvard	2020
11' 08"	Sarah Furth	Belmont HS	Northeastern Inv./RLC	2020
11' 06"	Stephanie Brown	Newton North HS	Dartmouth Relays/Han. NH	2012
11' 06.25" n	Alyssa Peasley	Natick HS	Last Chance Meet/BU	2023
11' 05.75" n	Jenn Poggi	Natick HS	NSIC/Armory, NYC	2008
11' 00"	Nicole Kelly	BillERICA Memorial HS	Dartmouth Relays/Han. NH	1999
11' 00.25" n	Andrea Li	Chelmsford HS	NE Special Meet/BU	2015
11' 00.25" n	Laura Risi	Longmeadow HS	Dartmouth Relays/Han. NH	2019
10' 06" n	Rachel Hill	North Reading HS	R.I. Classic Meet/Prov. RI	2016
10' 06" n	Sophia Casciano	North Reading HS	R.I. Classic Meet/Prov. RI	2018
10' 06" n	Chrisry Teska	Chelmsford HS	Dartmouth Relays/Han. NH	2019
10' 06" n	Katherine Sills	Lincoln-Sudbury Reg HS	Last Chance Meet/BU	2023
10' 06"	Megan Frazee	Westford Academy	MSTCA NorthEast Inv, RLC	2022
10' 00.75" n	Laura Golitko	Hopkinton HS	NSIC/Armory, NYC	2002
10' 00"	Emile Bell	Arlington HS	Middlesex Leag # 2/BU	2023
10' 00"	Katelyn Atkins	Lexington	Middlesex Leag # 4/BU	2023
10' 00"	Erin Moran	Arlington HS	Middlesex Leag # 5/BU	2023
10' 00" n	Hannah Raila	Medford HS	Dartmouth Relays/Han. NH	2005
10' 00" n	Brittany Reardon	Natick HS	NSIC/Armory, NYC	2008
10' 00" n	Amy Auclair	Marlborough HS	Pole Vault Summit/Reno, NV	2010
10' 00" n	Karla Ganley	Wellesley HS	Dartmouth Relays/Han. NH	2011
10' 00" n	Olivia Foster	Andover HS	MSTCA NorthEast Inv, RLC	2022
10' 00" n	Hannah McPhee	Wellesley HS	Pole Vault Summit/Reno, NV	2010

ALL-TIME INDOOR PERFORMANCES

WEIGHT THROW		NEW in 2011		
Perf.	Athlete	High School	Meet	Year
52' 06"	Kate Powers	Hopkinton HS	USATF Natl Youth, O.Breeze, NY	2022
51' 08.75"	Adrienne Thornton	J.D.O'Bryant HS-Roxbury	East Coast Inv/Prov. RI	2012
47' 04"	Cameron Grabian	Seekonk HS	RI Classic/Prov. RI	2019
46' 10.75" n	Michaela Denson	Sabis Intl. Charter, Spring	NBIN/ Armory, NYC	2022
43' 06.5" n	Elizabeth Tevnan	Notre Dame Acad.-Hingham	NBIN/ Armory, NYC	2014
42' 04" n	Kathleen Wilkinson	Bish. Fenwick HS-Peabody	NBIN/ Armory, NYC	2013
41' 06.5" n	Julie Mechinski	North Attleboro HS	MSTCA Hol. Challenge/RLC	2018
40' 11.5" n	Emma Harrington	Bish. Fenwick HS-Peabody	NBIN EE/Armory, NYC	2015
39' 06"	Janna Lee	Lexington HS	MSTCA Wgt Inv./RLC	2019
39' 06.75" n	Margaret Lepley	Bish. Fenwick HS-Peabody	NETAC Meet/Harvard	2013
39' 05.75" n	Madison Camelo	Bish. Fenwick HS-Peabody	NBIN/ Armory, NYC	2015
38' 07.5" n	Hannah Pastagal	Gloucester HS	NBIN/ Armory, NYC	2015
38' 05.5"	Qjuin Tandeich	Lexington HS	USATF-NE Dev./RLC	2023
38' 02" n	Katheen Moran	Bish. Fenwick HS-Peabody	NBIN/ Armory, NYC	2013
37' 01.75" n	Natalia Philip	New Mission HS-Boston	MSTCA Hol. Challenge/RLC	2015
37' 01.25" n	Emily Hesketh	Silver Lake Reg.-Kingston	USATF-NE Dev./RLC	2023
37' 01.25" n	Carolyn Claveau	Bish. Fenwick HS-Peabody	NBIN/ Armory, NYC	2013
36' 11"	Corinne Ahern	Bish. Fenwick HS-Peabody	East Coast Inv/Prov. RI	2020
36' 07.75" n	Abigail Lilley	North Reading HS	USATF-NE Dev./RLC	2023
36' 01.5" n	Courtney Kline	PeabodyVeteran's HS	MSTCA Hol. Challenge/RLC	2018
36' 00.5"	Julie Loescher	Bish. Fenwick HS-Peabody	MSTCA Hol. Challenge/RLC	2021

ALL-TIME INDOOR PERFORMANCES

4x55m SHUTTLE HURDLES RELAY				
Perf.	Athlete	High School	Meet	Year
:33.53 n	Andover HS	Chapman, Comeau, Gamache, Kobelski	NBIN/Armory, NYC	2014
:33.79 n	New Bedford HS	Barros, Leahy, Perry, Isidor	NBIN/Armory, NYC	2012
:34.00 n	Newton North HS	Wong, Brown, Prior, Forbes	NBIN/Armory, NYC	2012
:34.03 n	Newton North HS	Marshall, Boyer, Bonilla, Lopes	NBIN/Armory, NYC	2018
:34.20 n	Old Rochester Reg-Mattapst	Middleton, Smith, Afonso, Truesdale	NBIN/Armory, NYC	2015
:34.22 n	Plymouth South HS	Gallerani, Andrews, McIntosh, Sessler	NBIN/Armory, NYC	2017
:34.37 n	Andover HS	Brink, Grieco, Joel, Parrott	NBIN/Armory, NYC	2019
:34.47 n	Andover HS	Chapman, Comeau, Kobelski, Gamanche	NBIN/Armory, NYC	2013
:34.68 n	Westborough HS	Desmond, Ho, Paras, Phelps	NBIN/Armory, NYC	2019
:34.85 n	Hopkinton HS	Feather, Allen, Welsh, Halloran	NBIN/Armory, NYC	2018
34.88 n	Pentucket Reg.-W.Newbury	Khroto, Seymour, Smith, Tudisco	NBIN/Armory, NYC	2018
:34.99 n	Andover HS	Grieco, Guterman, Vrontas, Brink	NBIN/Armory, NYC	2018
:35.00 n	Old Rochester Reg-Mattapst	Middleton, Smith, Afonso, Truesdale	R.I. Classic/Prov. RI	2016
:35.05 n	Notre Dame Acad.-Hingham	Marshall, DiMare, Silari, Mohr	NBIN/Armory, NYC	2015
:35.09 n	Pentucket Reg.-W.Newbury	Khroto, Vostova, Seymour, Tudisco	NBIN/Armory, NYC	2017
:35.17	Hingham HS	Colby, Aymer., Gay, Belsher	NBIN/Armory, NYC	2018
:35.51 n	Belmont HS	He, Krafian, Lim, Firth	NBIN/Armory, NYC	2019
:35.59 n	Old Rochester Reg-Mattapst	Santos, Smith, Adams, Alonso	NBIN/Armory, NYC	2014
:35.60 n	Andover HS	unknown	NBIN/Armory, NYC	2015
:35.69 n	Hopkinton HS	Feather, Allen, Welsh, Mick	NBIN/Armory, NYC	2019
:35.78 n	Tewksbury Memorial HS	Amedee, Monti, Callahan, Paoletta	NBIN/Armory, NYC	2013
:35.98 n	Hopkinton HS	Feather, Allen, Welsh, Halloran	NBIN/Armory, NYC	2017
:36.07 n	Old Rochester Reg-Mattapst	Demmer, Murphy, Hopkins, Bourgeois	NBIN/Armory, NYC	2018
:36.20 n	Dennis-Yarmouth Reg. HS	Sherman, Beaman, Young, Martinez	NSCI/Armory, NYC	2004
:36.30 n	Old Rochester Reg-Mattapst	Santos, Kellem, Murphy, Demmer	NBIN/Armory, NYC	2017
:36.51 n	Hopkinton HS	O'Connor, Locke, DeMichele, Driscoll	NIKE/Armory, NYC	2023
:36.60 n	North Reading HS	unknown	East Coast Inv/Prov. RI	2015
:36.62 n	Tewksbury Memorial HS	unknown	NBIN/Armory, NYC	2014
:36.68 n	Acton-Boxboro Reg. HS	Zhou, Mielke, McDermott, Sullivan	NBIN/Armory, NYC	2019
:36.75 n	Old Rochester Reg-Mattapst	Bourgeois, Jacque, Mattson, McCullough	R.I. Classic/Prov. RI	2019

ALL-TIME INDOOR PERFORMANCES

50 YARD DASH		Eliminated in 1996	(*) State Champion	
Perf.	Athlete	High School	Meet	Year
:06.11	Jackie Smith *	Randolph HS	State Meet/Harvard	1987
:06.12	Jackie Smith *	Randolph HS	State Meet/Harvard	1986
:06.12	Tricia Alfred *	Lexington HS	State Meet/Harvard	1988
:06.14 n	Melody Johnson	North Attleboro	State Meet/Harvard	1986
:06.17 n	Kate Sullivan	Randolph HS	State Meet/Harvard	1988
:06.18 n	Leslie Knight	Malden HS	State Meet/Harvard	1987
:06.19	Lisa George *	Lexington HS	State Meet/Harvard	1981
:06.21	Kari Fleischman	Acton-Boxborough Reg.	D-1 State/Harvard	1984
:06.22	Heidi Thompson	Falmouth HS	D-1 State/Harvard	1982
:06.23	Martha White *	Shrewsbury HS	State Meet/Harvard	1982
:06.24 n	Romona Brown	Umana Tech - Roxbury	State Meet/Harvard	1986
:06.26	Beverly Luken	Tewksbury Memorial HS	D-2 State Meet/Harvard	1984
:06.27	Joan Smith	New Bedford HS	D-1 State/Harvard	1981
:06.26 n	Debbie Ahern	Burlington HS	State Meet/Harvard	1982
50 Yards HAND TIMED * STATE CHAMPIONS				
:05.9 h	Princess Fenton *	Somerville HS	D-1 State Meet/	1996
:06.0 h	Elizabeth Gumbert *	Falmouth HS	State Meet/Harvard	1983
:06.0 h	Domonique Roberts *	Falmouth HS	State Meet/Harvard	1991
:06.1 h	Betty Selman *	Lexington HS	State Meet/Harvard	1978
55 Meter HAND TIMED				
:07.1 h	Donna Jonas	Falmouth HS	Dartmouth Relays/NH	1975
:07.1 hn	Lea Ventura	Dartmouth HS	U.R.I. Meet, Kingston, RI	1975
:07.1 h	Betty Selman	Lexington HS	Dartmouth Relays/NH	1977
:07.1 h	Beverly Luken	Tewksbury Memorial HS	Easterns Champs/Harvard	1984
:07.1 hn	Kari Fleishman	Acton-Boxborough Reg.	Easterns Champs/Harvard	1984
:07.1 h	Ramona Brown	Umana Tech HS-Roxbury	Easterns Champs/Harvard	1986
:07.1 h	Joanne Durant	Stoughton HS	State Champs/Harvard	1993
:07.1 h	Kara Budd	East Longmeadow HS	PVIAC Meet/Smith College	2005
:07.1 h	Sarah Wernick	Northampton HS	PVIAC Meet/Smith College	2006

ALL-TIME INDOOR PERFORMANCES

50 YARD HURDLES		Eliminated in 1996	(*) State Champion	
Perf.	Athlete	High School	Meet	Year
:06.82	Anne Jennings *	Falmouth HS	State Meet/Harvard	1981
:06.96 n	Monica Baker	Metheun HS	State Meet/Harvard	1981
:06.97	Sandy Bryan *	Pingree School	State Meet/Harvard	1979
:06.99	Sari Chang	Needhams HS	D-1 State Meet/Harvard	1981
:07.00 n	Jennings		D-1 State Meet/Harvard	1981
:07.01 n	Chang		State Meet/Harvard	1981
:07.02	Michelle Williams *	Swampscott HS	State Meet/Harvard	1982
:07.10	Michelle Lordon *	Norwell HS	State Meet/Harvard	1989
:07.10	Karen Pearce *	North Attleboro HS	State Meet/Harvard	1986
:07.14 n	Robin Perron	Seekonk HS	State Meet/Harvard	1982
:07.16	Kathy Bentley *	Shrewsbury HS	D-2 State Meet/Harvard	1980
:07.19	Robin Molton	Winthrop HS	D-2 State Meet/Harvard	1982
:07.22 n	Sarah O'Neil	Peabody Veteran's HS	State Meet/Harvard	1981
:07.23	Amy Belanger	Scituate HS	D-2 State Meet/Harvard	1984
:07.23	Christina Safflow	North Reading HS	D-2 State Meet/Harvard	1989
:07.23 n	Deanne Tyler	Medford HS	D-1 State Meet/Harvard	1981
:07.24 n	Beverly Maitland	Swampscott HS	State Meet/Harvard	1984
:07.24	Missy Silva	Seekonk HS	State Meet/Harvard	1987
HAND TIMED CHAMPIONS				
:06.8 h	Karen LaSaffre *	Wakefield HS	State Meet/Harvard	1988
:06.8 h	Naomi Stone *	Falmouth HS	State Meet/Harvard	1993
:07.0 h t	Anne Jennnigs	Falmouth HS	D-1 State Meets/Harv	80, 81

ALL-TIME INDOOR PERFORMANCES

LEGAND

Place

Tracks

Armory, NYC	168th Street Armory, Bronx, NYC - 6 lane 200meter banked Mondo surface -(fast)
THE TRACK	The Track at New Balance, Brighton, MA - 6 lane 200m banked/8 straight - opened in 2023
Bost. College	4 lane 220 yard rubber flat floor - Chestnut Hill - building has been destroyed
B.U. (1)	4 lane 200 meter highly banked wooden track, taken down each year - BU Armory (destroyed)
B.U. (2)	6 lane 200 meter Mondo highly banked track built in 2002 with 60m curves 40m straight, very fast
Cleveland, OH	4 lane 160 yard banked wooden track - meet no longer held
USCGA, CT	6 lane 200 meter flat floor, Mondo surface (US Coast Guard Acad., New London, CT)
College Park,MD	4 lane 160 yard banked wooden track - University of Maryland -meet no longer held
Dartmouth, NH	6 lane flat synthetic surface at Dartmouth College, Hanover, NH
E.Rutherford, NJ	4 lane 160 yard banked wooden track at Meadowlands Arena -meet no longer held
Harvard (MA)	220 yard banked synthetic track
Knoxville, TN	220 yard banked wooden track at Knoxville Coliseum - meet no longer held
Landsdown, MD	4 lane 160 yard wooden banked track - meet no longer held
Milan, Italy	USA v Italy Women's dual meet - 150m banked 4 lane wooden track
Montreal, CN	4 lane 150m slightly banked wooden track at Centre Jean Claude Roblillard - meet no longer held
Moscow, USSR	USA v USSR Senior Women's dual meet - 6 lane 200 meter banked wooden surface
MSG/NYC	4 lane 160 yard banked wooden track at Madison Square Garden - meet no longer held
Ottawa, CN	4 lane 150m slightly banked wooden track in Ottawa Convention Centre-meet not held
Princeton, NJ	6 lane flat 200 meter synthetic floor at Jadwin Gym, Princeton Univ.
Providence, RI	6 lane 200 meter synthetic floor
Reno, NV	Special Pole Vault summit competition in Reno.
RLC, MA	6 lane 200 meter Mondo surface at Reggie Lewis Center
Sochi, USSR	USA v USSR Senior Women's dual meet - 6 lane 200 meter slightly banked dirt surface
Syracuse, NY	6 lane 200 meter flat synthetic floor inside Syracuse U. Carrier Dome
Yale, CT	4 lane 200 meter slightly banked Mondo surface in Cox Cage, Yale Univ.
Virgina Beach,VA	opened in 2020 the V.B. Convnetion Center is a major track
Ocean Breeze, NY	opened in 2019, 200 m banked track
c	race on a 160 yard or smaller track
e	done enroute to a longer distance
h	hand time
m	track is metric
n	a non-winning performance
r	done on first leg of a relay race
sf	race run in the semi-final section
t	race done in the race trials
+	race held origionally at yards (Harvard)
#	next to athlete's name means athlete was foreign born
#	mark next to a performance means done while running a longer distance